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Issue 355
5 - 11 July 2014

EVERY SATURDAY! YOUR 7-DAY TV LISTINGS

Hot TV



EASTENDERS

CARTER CRISIS

SEX, LIES & BIRTHDAY CAKE FOR THE SQUARE'S FAVOURITE FAMILY P7

WITH HONOUR

MAGGIE GYLLENHAAL IS THE HONOURABLE WOMAN P5



COMMON

JIMMY MCGOVERN'S NEW DRAMA P5

PRESSURE DROP

CAN DAVINA GIVE AWAY HER FIRST MILLION? P5



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**WATCH
THIS!**

**HOT
SHOT**
THE WEEK'S
BIGGEST SHOWS



We would all like to get away on a cruise holiday, but who would watch the TV? Luckily for us, we can (sort of) now do both as this four-part series follows life aboard the Royal Princess in her maiden season. In this first episode, the crew is getting ready for formal night – the classiest evening on the seven seas. But will general manager Dirk be able to beat the laundry problem while his new staff get used to life on-board?

■ Friday, 8pm, ITV



**NATION'S FAVOURITE
MOTOWN SONG**

From Stevie Wonder to Michael Jackson, the Motown record label was a hit-factory featuring some of the biggest artists and songs of all time. ITV counts down Britain's top Motown hits as voted for by viewers.

■ Saturday, 9pm, ITV



**COMMONWEALTH
CITY**

This three-part documentary follows people in Dalmarnock as they prepare for Glasgow's Commonwealth Games. We meet some folk whose lives have been hit and others who have found new opportunities.

■ Monday, 11.35pm, BBC1



**ALAN HANSEN:
PLAYER AND PUNDIT**

After a career at Liverpool, Alan Hansen became a well-known sports commentator. Having decided to retire after the World Cup, we hear him talk about the good and bad times. With contributions from soccer stars.

■ Friday, 10.35pm, BBC1



THE 100

It's 97 years since nuclear war wiped out most of life on Earth – but some made it. Support systems on The Ark, a network of space stations, are now failing and 100 prisoners head to Earth to see if it's safe.

■ Monday, 9pm, E4



PENNY DREADFUL

While we're sad to see the end of the deliciously-dark *Penny Dreadful*, we can look forward to the second series soon. Before then, though, let's enjoy the final episode of series one, when our twisted gang of friends have a night at the theatre they'll never forget!

■ Tuesday, 9pm, Sky Atlantic

It's back – but not for long. Our favourite vampire drama is on the box again but there are only 10 episodes left. It kicks off with a shocking starter, though, as a main character is killed, Sookie is blamed for a vampire rampage and Bill finds help in an unexpected place.

■ Monday, 9pm, Fox



TRUE BLOOD

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"IT'S THE TIP OF THE ICEBERG!"

MAGGIE GYLLENHAAL TELLS HOTTV HER NEW DRAMA JUST GETS BETTER

Did you catch the first episode of Maggie Gyllenhaal's new thriller, *The Honourable Woman*, last week?

If not, get yourself onto iPlayer and get stuck into it, because this week's second instalment of the eight-part political shocker, written by *The Shadow Line*'s creator Hugo Blick, is even better.

Hollywood star Maggie plays Nessa Stein, a high-powered businesswoman whose company lays data cables between Palestine and the West Bank. The drama is set against the backdrop of the Israeli-Palestinian conflict.

It may sound like complicated stuff but at its heart the drama is a fast-paced political thriller and Maggie says you don't need to be an expert to enjoy it.

"I think if you know just the basics, that's enough – I don't think

you have to study to watch it," she tells *HotTV*. "I think if you just know what the conflict is about, that's fine."

Last week's first episode saw contract killings and kidnaps, but Maggie says that's just the beginning of the story.

"I'm telling you it's just the tip of the iceberg. So far we've seen just the littlest glimpse into Nessa," she reveals. "She is so many other things, too."

Maggie also reveals we'll be seeing a bit more of her character physically, too, when she gets rather intimate with a stranger in a car this week!

"Episode two, the beginning of episode two – you see me get my kit off," Maggie laughs.

■ *The Honourable Woman*, Thursday, 9pm, BBC2



Nessa with cop Garret

WHAT'S HOT? JUST MISS!

DAVINA'S DILEMMA

WILL THE MILLION POUND DROP MAKE SOMEONE RICH?

Davina returns

Gogglebox's Stephen and Chris

Jonathan with wife Jane

Davina McCall has turned her hand to many things – hosting *Big Brother*, reuniting missing relatives in *Long Lost Family* and running, cycling and swimming for Comic Relief.

But there's one thing she's yet to do in her career – and that's make someone a millionaire. Of course, as the host of *The Million Pound Drop*, she's in the best possible position to do it, but the closest she's come to making someone rich is Jack Whitehall and his dad who left with £300,000 for charity.

So Davina will be giving it another go when *Drop* begins the first of its eight-part run on Friday. And this series, the quiz show will be throwing a few new elements into the mix including star players and one game in each episode where contestants play in alternative ways. These include a workplace special, a generation gap game and even a blind date!

There are more celebs taking part this time, too, including Jonathan Ross and his wife Jane Goldman, and Stephen and Chris from *Gogglebox*.

■ *The Million Pound Drop*, Friday, 8pm, Channel 4

IN IT TOGETHER

JIMMY MCGOVERN'S COMMON EXPLORES A CONTROVERSIAL PART OF THE LAW

Gritty drama Common

After *Cracker*, *The Lakes*, *The Street* and *Accused*, it's fair to say that nobody expected Jimmy McGovern's latest TV project to be anything short of gritty.

Within the first few minutes, a gang of young men have all played their parts in a fatal stabbing and very soon we're seeing Britain's controversial joint enterprise, or common purpose, law at work.

"Joint enterprise was first used in Britain's courts a few hundred years ago," says writer Jimmy. "It was designed to stop the aristocracy duelling and it worked. Now the law is being used against Britain's youth. If someone dies in a fight and you're involved in any way whatsoever, you can find yourself charged with murder," he explains.

That's the situation that lead character Johnjo (Nico Mirallegro) finds himself in after he unwittingly acts as getaway driver to a knife-wielding friend. The cast includes Daniel Mays, Jodhi May and Sir Michael Gambon.

"I got every single name on my wish list. I'm over the moon," says Jimmy.

■ *Common*, Sunday, 9pm, BBC1

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SOAPS THIS WEEK

ALL THE BEST STORYLINES FROM YOUR FAVOURITE SHOWS!

LEE'S SURPRISE RETURN MAKES A PERFECT BIRTHDAY PRESENT

There's only one thing Linda really wants for her birthday and Mick has fixed it for her. He's managed to organise things so Lee comes home from Afghanistan – and his mum is delighted.

But Shirley throws a spanner in the works by turning up with her dead pal Heather's son, George. And that leads to her own boy, Dean, claiming she only brought him to show she can be a good mum after failing miserably with him.

Meanwhile, Johnny's in lust with Gianluca and introduces him to everyone. Then, when nobody is looking, they sneak upstairs for a romp.

Linda is unaware of Dean and Shirley's spat – and her saucy son's shenanigans – and tells a crowded pub that what she really wants is another baby. Later, Dean overhears a secret about Linda and Mick.

Talking of kids, the biggest news in the Carter family this week is when Lee confesses to something about the night Lucy Beale was murdered.

Max is almost busted over his fling with Emma when daughter Lauren turns up at the car lot when the two of them are together.

Elsewhere, Patrick's anger turns to panic when he falls ill. He grabs his arm and drops to the ground – is he having a heart attack?



EASTENDERS
MON, TUES,
THURS, FRI,
BBC1



Johnny's saucy
romp with Gianluca



A birthday
kiss for Linda



Close call for
Max and Emma



Carla flirts as
Peter glowers



Marcus tells
Maria his plans

**CORONATION
STREET**
MON, WED, FRI,
ITV

PETER TELLS BETRAYED CARLA HE WON'T GIVE UP ON HER

Peter is desperate to get back with Carla, but she isn't going to give in that easily. Rob talks her into cutting Peter out of the business and she tells him she's going to pay him off and quit the flat.

However, instead of accepting cash for his half of the business, Peter signs it over to Carla, revealing he's still in love with her and won't be taking no for an answer.

Carla then decides the best way to get over one man, is to get it on with another! When she bumps into Luke at the pub, she flirts with him and invites him back to the

flat. There, she makes a clumsy drunken move and tries to smooch him, but Luke is a gentleman and won't take advantage of the sozzled Carla. He makes his excuses and heads home.

But he's been spotted by Peter, who assumes the worst.

Meanwhile, it looks as though Marcus has finally seen the light about scheming Todd. He tells, of all people, his ex, Maria, that he reckons it might be the right time for him to quit the *Comie* cobbles forever and make a fresh start elsewhere.



EMMERDALE
WEEKDAYS,
ITV

Burglar makes
his getaway

Ross turns
to crime

DAN GIVES CHASE AS CRIME WAVE HITS THE VILLAGE

Our favourite farming community is suffering a crime wave this week.

First, Ross has his eye on stealing from the factory. Donna tells him it's not a good idea but he refuses to listen, nicks Jai's keys and breaks in, taking cash and any other valuable stuff he can find.

But when cop Donna is called to the scene of the crime, she has to cover Ross's tracks and make sure no one will suspect him.

Later, after a heart to heart, they decide

to put their criminal activities behind them and start a secret relationship.

Meanwhile, David's shop also falls foul of a robbery, but it's Alicia who is the main victim of this crime when a man barges past her and sends her crashing to the floor.

Daz is alerted by a shout from Dan that the intruder is escaping, so he tackles the robber who gets away.

But there's a knock-on effect for the distressed Alicia, who reveals to Daz she was shot the previous year.

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Sunday, 7pm, ITV

Steve Carell voices an animated criminal mastermind whose ambition is to steal the moon. However, first he needs to get his hands on a shrinking ray created by a rival genius. En route he adopts three orphan girls and finds being a dad is better than being a bad guy. ★★★★★



ZOOLANDER

Saturday, 7.20pm, Film4

A box office flop, this found life on DVD and TV. Ben Stiller is on top form as dumb model Derek Zoolander whose career hits the skids thanks to an equally dim rival. A host of famous faces appear, including Owen Wilson, Will Ferrell and David Bowie. ★★★★★



THE MATRIX

Saturday, 10.15pm, ITV2

Keanu Reeves plays a computer hacker who realises his world is a virtual reality fantasy built by a race of meddling machines. He breaks into the real world to join freedom fighters risking their lives to make everyone aware of what's going on. A modern day classic! ★★★★★



THE WOMAN IN BLACK

Thursday, 9pm, Film4

Daniel Radcliffe waves goodbye to Harry Potter to play a widowed dad who heads to a remote village to put a dead eccentric's affairs in order. But the locals aren't sure of him and fail to mention the creepy house he's staying in is haunted. Don't watch this on your own! ★★★★★



CAPTAIN PHILLIPS

From Friday, Sky Movies Premiere

Tom Hanks stars in this gripping true story about the captain of an American ship taken over by Somali pirates. Captain Phillips and his crew are taken hostage for five days of hell and try and keep their captors at bay. ★★★★★



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LADIES FINAL, SATURDAY, BBC1, 1.15PM; LADIES' & MEN'S DOUBLES FINALS, SATURDAY, BBC2, 4.30PM; MEN'S FINAL, SUNDAY, BBC1, 1PM; MIXED DOUBLES FINAL, SUNDAY, BBC2, 5.45PM; HIGHLIGHTS, SUNDAY, BBC2, 10.35PM

The curtain comes down tomorrow after a thrilling two weeks at Wimbledon. Today two women finalists battle it out on centre court in a bid to be crowned champion.

Last year saw Marion Bartoli land her first Wimbledon Grand Slam with a 6-1, 6-4 victory over German Sabine Lisicki. The Frenchwoman landed the trophy having lost to Venus Williams in 2007 but there will be no repeat — she

announced her retirement after the tournament.

Sunday sees the men on centre court where last year we watched sporting history when Andy Murray ended Britain's 77-year wait for a men's singles champion as he lifted the famous trophy in emphatic style.

The Scot stormed to a heroic straight-sets victory over Serb Novak Djokovic to land the crown 6-4, 7-5, 6-4.

F1: BRITISH GRAND PRIX

SATURDAY, BBC2, 12.05PM; SUNDAY, BBC2, 12PM

Lewis Hamilton will be out to claim victory on home soil as he bids to make up ground on his Mercedes team-mate Nico Rosberg.

The Briton was unlucky not to have gained the chequered flag last year after taking pole position, but tyre failure saw him drop to the

back — even so he clawed his way to a very creditable fourth.

Hamilton is trailing by 29 points but a good start in qualifying today will be a boost as he bids to become the first home driver to win from pole position since Damon Hill 20 years ago.

WORLD CUP QUARTER-FINALS

SATURDAY, BBC1, 5PM; ITV, 9PM

SEMI-FINALS, TUESDAY, ITV, 9PM; WEDNESDAY, BBC1, 9PM

At the time of going to press the quarter-finalists still hadn't been decided, but don't miss these huge games!

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BBC1

6.00 Breakfast **10.00** Saturday Kitchen Live **11.30** Paul Hollywood's Pies & Puds **12.00** Bargain Hunt **1.00** News **PICK 1.15** Wimbledon 2014. The ladies' singles final. *See Ones To Watch.* **PICK 4.30-7.15** Match of the Day Live. The third quarter-final (Kick-off 5.00pm), which takes place at the Estadio Nacional in Brasilia, Brazil. This contest will involve the winners of the two last-16 matches that took place on Tuesday, which featured teams from groups E-H, and the side to emerge triumphant will progress to a semi-final against the victors of tonight's other fixture, featuring nations initially involved in groups A-D. Programmes are subject to change. *See Ones To Watch.*

7.15 BBC News, Weather

7.35 A Question of Sport: Super Saturday Guests include Team GB gold medal-winner Lizzy Yarnold and ex-England cricket captain Michael Vaughan.

8.15 The National Lottery Live

PICK 8.25 Match of the Day Live The fourth quarter-final (Kick-off 9.00pm). Coverage from the Arena Fonte Nova in Salvador, Brazil, where the line-up for the semi-finals is confirmed. Eventual champions Spain were the final team to secure a place in the last four in 2010, but the Spanish will not be involved this time around, as their exit from the competition was confirmed after just two matches, when a 2-0 defeat against Chile followed a 5-1 thrashing against Holland. In the event of extra-time and penalties, subsequent programmes are subject to change. *See Ones To Watch.*

11.10 BBC News, Weather

11.30 Live at the Apollo Sarah Millican, Steve Hughes and Russell Kane perform. (R)

12.00 FILM: DOA (1988) **1.35** BBC News **Alternative Schedule** **6.40** BBC News **7.00** A Question of Sport **7.40** Celebrity MasterChef **8.10** Break the Safe **9.00** Casualty **9.50** Mrs Brown's Boys (R) **10.20** BBC News **10.40** Live at the Apollo (R) **11.30** Match of the Day **12.10** **FILM: DOA** (1988) **1.45** BBC News

REGIONAL VARIATIONS:

the Rafter's. Followed by RTÉ News, Weather. **11.45** Lark Rise to Candleford **12.50** RTÉ News, Weather **1.00** Keeping Up Appearances **1.30** Ireland's Fittest Family **2.40** Ireland's Ocean. Followed by RTÉ News, Weather. **3.15** The Saturday Game Live **6.00** The Angelus **6.01** RTÉ News: Six One, Weather **6.35** **FILM:** The Chronicles of Narnia: Prince Caspian (2008) Fantasy adventure sequel, starring Ben Barnes, William Moseley and Georgie Henley. **9.10** RTÉ News, Weather **9.40** Saturday Night with Miriam **10.45** For One Night Only **11.35** RTÉ News **11.40** **FILM:** Three Fugitives (1989) Comedy, with Nick Nolte, Martin Short and James Earl Jones. **1.20** **FILM:** Mr. Destiny (1990) **3.15** Goodnight Sweetheart **3.45** Goodnight Sweetheart **4.15** Goodnight Sweetheart **5.05** EuroNews **5.35** Teleshopping **SAC 6.00** Clwb Cyw **8.00** Stwnsh Sadwrn **10.00** Tag **10.45** Olion: Palu am Hanes **11.15** Wynebau Newydd **11.45** Rich o Mark: Rhedeg y Sahara **12.15** Byd o Liw **12.45** Bad Achub Porthdinllaen **1.15** Ar y Lein **1.45** Gohebwyr: Jason Mohammad **2.45** Seiclo **4.45** Julian Lewis Jones yn Awstralia **5.45** C'mon Midffild **6.15** Yr Afon **7.15** Newyddion a Chwaraeon **7.30** Cyngerdd Cerdud Ymlaen **9.00** John Ac Alun yn Nashville **10.00** Seiclo **10.30** Munud i Fynd **11.00** Cystadleuaeth i Gantorian Cymreig **12.35** Awdredd

BBC2

5.30 World Cup Films **7.30** Match of the Day: FIFA World Cup Highlights **8.15** Formula 1: British Grand Prix Second Practice **9.55** Live Formula 1: British Grand Prix Third Practice **11.05** Racing Legends: Jackie Stewart. James Martin goes on a road trip with Jackie Stewart. **PICK 12.05** Live Formula 1: British Grand Prix Qualifying. Suzi Perry introduces coverage from Silverstone (Start-time 1.00pm), where the grid positions are decided for the ninth meeting of the season. *See Ones To Watch.* **2.30** Escape to the Country (R) **3.30** Flog It! (R) **PICK 4.30-8.00** Wimbledon 2014. Further live coverage from the All England Club, featuring the men's and ladies' doubles finals. Subsequent programmes subject to change. *See Ones To Watch.*

8.00 Today at Wimbledon

John Inverdale and guests look back at highlights of the ladies' singles final at the All England Club, where the third Grand Slam title of the year was set to be decided.

9.00 QI XL

Sarah Millican, Jason Manford and Bill Bailey join panellist Alan Davies and host Stephen Fry. (R)

FILM 9.45 Last Chance Harvey (2008) A miserable New Yorker travels to London for his estranged daughter's wedding, but is devastated to find his ex-wife's new husband is to give the bride away instead of him. While trying to return home, he bumps into a woman, and a romance soon blossoms. Romantic drama, with Dustin Hoffman and Emma Thompson.

FILM 11.10 A Single Man

(2009) A gay British academic living in 1960s Los Angeles is devastated by the death of his partner in a car crash, and his grief is compounded by his lover's family refusing to let him attend the funeral. Drama, starring Colin Firth and Julianne Moore.

12.45 Match of the Day: FIFA World Cup Replay **2.30-6.00** This Is BBC Two

ITV

6.00 CITV **8.25** ITV News **8.30** Weekend **9.25** The Hungry Sailors (R) **10.30** Tour de France Live. Gary Imlach introduces coverage of the opening stage, which takes the riders on a 190.5km journey from Leeds to Harrogate. **3.45** ITV News, Weather **4.00-7.10** FIFA World Cup Live 2014. The third quarter-final (Kick-off 5.00pm), which takes place at the Estadio Nacional in Brasilia, Brazil. This contest will involve the winners of the two last-16 matches that took place on Tuesday, which featured teams from groups E-H, and the side to emerge triumphant will progress to a semi-final against the victors of tonight's other fixture, featuring nations initially involved in groups A-D. Subsequent programmes are subject to change.

7.10 Local News, Weather

7.15 ITV News, Weather

7.30 Tipping Point: Lucky Stars New series. Carol Vorderman, Mark Charnock and Joe Swash answer questions to win turns on the token-pushing machine and raise money for charity. Ben Shephard hosts.

8.30 FIFA World Cup Live 2014

The fourth quarter-final (Kick-off 9.00pm). Coverage from the Arena Fonte Nova in Salvador, Brazil, where the line-up for the semi-finals is confirmed. Eventual champions Spain were the final team to secure a place in the last four in 2010, but the Spanish will not be involved this time around, as their exit from the competition was confirmed after just two matches, when a 2-0 defeat against Chile followed a humiliating 5-1 thrashing at the hands of Holland. In the event of extra-time and penalties, subsequent programmes are subject to change.

11.15 ITV News, Weather

FILM 11.30 Fletch (1985) Comedy mystery, starring Chevy Chase and Tim Matheson.

1.15 Jackpot247 **3.00** The Jeremy Kyle Show USA (R) **3.40-3.40** ITV Nightscreen **Alternative Schedule** **5.00** The Chase: Celebrity Special (R) **6.00** Off Their Rockers (R) **6.30** ITV News **7.00** You've Been Framed! (R) **8.30** Midsomer Murders (R) **10.30** ITV News **10.45** **FILM: Fletch** (1985) **12.30-3.00** Jackpot247

Channel 4

6.05 The Hoobs (R) **6.30** Trans World Sport **7.25** The Grid **7.55** The Morning Line **9.00** Weekend Kitchen **10.00** Frasier. Diane visits Seattle. (R) **10.30** Frasier. A shady character helps the Crane brothers. (R) **11.00** The Big Bang Theory (R) **11.25** The Big Bang Theory (R) **11.55** The Big Bang Theory (R) **12.20** The Simpsons (R) **12.50** The Tomorrow People **1.40** Channel 4 Racing **4.10** Come Dine with Me (R) **4.40** Come Dine with Me. Michelle Watson hosts the week's second party in Milton Keynes, Buckinghamshire. (R) **5.10** Come Dine with Me. Stuart Henson hosts a safari-themed dinner party. (R) **5.40-6.15** Come Dine with Me. Choir director Joseph Benneh prepares dishes from his native Ghana. (R)

6.15 Come Dine with Me Susan Rogers hosts the final party in Milton Keynes. (R)

6.40 Channel 4 News

FILM 7.10 Transformers: Revenge of the Fallen

(2009) The war between the shape-shifting robots erupts once again, as the first of the evil Decepticons leads an attack on Earth to locate an ancient planet-destroying machine. Hapless teenager Sam Witwicky is once again caught in the middle as he holds the key to discovering the location of the device. Sci-fi adventure sequel, starring Shia LaBeouf and Megan Fox. Edited for language and violence.

FILM 10.00 Attack the Block

(2011) A student nurse living in a south London tower block escapes a dangerous encounter with a teenage gang when aliens invade. As the creatures cause mayhem throughout the estate, she joins forces with her would-be attackers to fight off the extraterrestrial forces. Sci-fi comedy thriller, with Jodie Whittaker and John Boyega.

11.40 Paul Chowdhry: What's Happening White People?

Stand-up show in which the comedian entertains an audience with his dry humour. (R)

12.40 **FILM: The Last Exorcism** (2010) **2.10** The Guides (R) **2.25** Hollyoaks (R) **4.35** Deal or No Deal (R) **5.30** Kirstie's Vintage Gems (R) **5.50** The Hoobs (R)

Channel 5

6.00 Milkshake! **10.00** Access. Showbiz news and gossip. **10.05** The Hotel Inspector Returns (R) **11.05** Big Brother: Eviction (R) **12.25** **FILM: Random Hearts** (1999) Drama, with Harrison Ford. Edited for language, violence and sexual content. **3.00** **FILM: Anzio** (1968) An American reporter joins Allied troops during the 1944 landing in Italy, but is caught up in a fierce battle. World War Two drama, starring Peter Falk. **5.15** 5 News Weekend **5.20-6.40** **FILM: Columbo: Suitable for Framing** (1971) The detective investigates the murder of a millionaire art collector, and is convinced the dead man's nephew is responsible. Crime drama, starring Peter Falk and Ross Martin.

FILM 6.40 Columbo: Murder by the Book

(1971) An author of mystery novels kills his former writing partner so he can claim sole credit for their collaborations, and tries to appear innocent by offering to help Columbo solve the crime. Detective drama, starring Peter Falk and Jack Cassidy.

8.00 She's 78, He's 39: Age Gap Love

The stories of six people whose partners are much younger than they are, including a woman whose relationship with her husband began when she was 45 and he was 16. (R)

9.00 Big Brother

Catching up with the contestants as they react to Friday night's live eviction, revealing how another departure has affected the rest of the house. **Followed by The Health Lottery draw.**

10.00 Benefits Britain: Life on the Dole

The documentary examining the lives of unemployed people visits South Yorkshire, where benefits caps, sanctions and the bedroom tax are hitting people hard. (R)

11.00 Big Brother's Bit on the Psych

Rylan Clark and Iain Lee present analysis of the housemates' behaviour, with input from psychologists and body-language experts.

12.00 SuperCasino **3.10** Bikini Body? The Truth About Diets (R) **4.00** House Doctor (R) **4.25** Make It Big (R) **4.50** The Funky Valley Show (R) **5.00** Angels of Jarm (R) **5.10** Roary the Racing Car (R) **5.20** Angels of Jarm (R) **5.30** The Funky Valley Show (R) **5.40** Roary the Racing Car (R)

WEST 7.10 ITV News West Country, Weather **STV 7.10** STV News, Weather **1.15** The Nightshift **5.00** ITV Nightscreen **UTV 1.25** Teleshopping **2.55** ITV Nightscreen **WESTCOUNTRY 7.10**

OVER ON DIGITAL

5★

6.00 Teleshopping 1.00 5★ Access 1.10 Home and Away 3.30 Big Brother: Live Eviction 5.00

FILM: Cloudy with a Chance of Meatballs (2009) Animated comedy, with the voice of Bill Hader. **7.00 FILM:** Over Her Dead Body (2008) Supernatural romantic comedy, starring Eva Longoria. **9.00** Shops and Robbers: Britain's War on Shoplifters **10.00** Harold Shipman: Catching Dr Death. Part two of two. How the doctor was caught and convicted. **11.00** The Serial Killing Couple: Born to Kill? **12.00** Teleshopping

SUSA

6.00 Teleshopping 12.00 Access 12.15 Law & Order 1.20 FILM: The Kid from Texas (1950)

Western, starring Audie Murphy. **3.00 FILM:** Jesse Stone: Sea Change (2007) Thriller. **4.50 FILM:** Mrs Caldicot's Cabbage War (2003) Comedy drama, starring Pauline Collins. **7.10 FILM:** The Ghost of Greville Lodge (2000) Supernatural family drama, starring George Cole. **9.00** Jack Taylor: The Dramatist. Feature-length crime drama, starring Iain Glen. **11.00** The Mentalist **12.00** The Mentalist **1.00** SuperCasino

ITV2

6.00 Keith Lemon: The Hot Desk 6.10

Emmerdale **8.35** Coronation Street **11.00** Take Me Out **12.10** I Wanna Marry "Harry" **1.05** The Only Way Is Essex **2.40** You've Been Framed! **4.15 FILM:** Valiant (2005) Computer-animated adventure. **5.50 FILM:** Nanny McPhee and the Big Bang (2010) Fantasy comedy. **8.00 FILM:** Something Borrowed (2011) Romantic comedy, starring Ginnifer Goodwin. **10.15 FILM:** The Matrix (1999) Sci-fi action thriller. **1.00** The Magaluf Weekender **1.50** Crazy Beaches

SKY1

6.00 Glee **8.00** Harrow: A Very British School **9.00** Ashley Banjo's Secret Street Crew **10.00**

Twin Towns **11.00** John Bishop's Only Joking **11.30** What's Up **12.00** WWE Superstars **1.00** David Attenborough's Natural History Museum Alive **2.30** Futurama **3.30** Modern Family **4.30** Modern Family **5.30** The Simpsons **6.00** Modern Family **6.30** Futurama **7.00** The Simpsons **8.00** A League of Their Own **9.00 FILM:** Fantastic Four (2005) Sci-fi comic-book adventure, starring Jessica Alba. **11.15** Hawaii Five-0

SKY ATLANTIC

6.00 Fish Town **7.00** The British **8.00** Seinfeld **8.30** Seinfeld **9.00** The Petrol Age **10.00** The

Petrol Age **11.00** Anthony Bourdain: No Reservations **12.00** Anthony Bourdain: No Reservations **1.00** Richard E Grant's Hotel Secrets **2.00** Richard E Grant's Hotel Secrets **3.00** Blue Bloods **4.00** Blue Bloods **5.00** Blue Bloods **6.00** Without a Trace **7.00** Without a Trace **8.00** Vegas **9.00** Penny Dreadful **10.10** True Blood **11.20** True Blood **12.35** Funny or Die Presents **1.10** Last Week Tonight with John Oliver **1.40** True Detective

BBC THREE

7.00 World's Craziest Fools **7.30** Top Gear.

James May tests the updated Fiat Panda. **8.30 FILM:** Meet the Parents (2000) Comedy, starring Robert De Niro and Ben Stiller. **10.15** Russell Howard's Good News Extra. Extended edition of the comedian's topical news show. **11.00** Family Guy **11.50** Family Guy **12.10** Family Guy. Cartoon Capers. **12.35** Family Guy **12.55** Family Guy **1.20** American Dad! **1.40** American Dad! **2.00** Live at the Electric **2.30** Live at the Electric **3.00** Live at the Electric **3.30** Live at the Electric

SKY LIVING

6.00 RSPCA Animal Rescue **7.00** RSPCA Animal Rescue **8.00** Emergency Abroad **10.00**

America's Next Top Model **11.00** My Kitchen Rules: Australia **1.00** My Kitchen Rules: Australia **3.15** My Kitchen Rules: Australia **4.15** Emergency Abroad **5.15** Obese: A Year to Save My Life **6.15** It's Love, Actually **6.30** Sun, Sea and A&E **7.00** Obese: A Year to Save My Life **8.00** CSI: Miami **9.00** Hannibal **10.00** Unforgettable **11.00** The Secret Circle **12.00** The Secret Circle **1.00** CSI: Miami **1.50** CSI: Miami

MTV

6.00 Cribs **6.20** Teen Mom: Baby Talk Special **6.45** 16 & Pregnant: Adoption Special **7.35**

Teen Mom Special: Amber Behind Bars **8.00** Plain Jane **9.00** Catfish: The TV Show **11.00** Catfish: The TV Show **1.00** Catfish: The TV Show **3.00** Catfish: The TV Show **5.00** Catfish: The TV Show **7.00** Catfish: The TV Show **8.00** Catfish: The TV Show **9.00** Here Come the Geordies: Holly **10.00** Here Come the Geordies: Holly **11.00** Here Come the Geordies: Holly **12.00** Here Come the Geordies: Holly

FILM4

11.00 Cry Havoc (1943) World War Two drama. **1.00** Home Alone 3 (1997) Comedy sequel. **3.00**

Charlotte's Web (2006) Family drama, with the voice of Julia Roberts. **4.50** Star Trek IV: The Voyage Home (1986) Sci-fi adventure sequel, starring William Shatner. **7.20** Zoolander (2001) Comedy, starring Ben Stiller. **9.00** Conan the Barbarian (1982) Fantasy adventure, starring Arnold Schwarzenegger. **11.35** Secretary (2002) Comedy drama, with Maggie Gyllenhaal. **1.45** Angel Heart (1987) Supernatural thriller.

televisionX

SKY 903 **10.00** Freeview **10.10** Liselle's Sordid Summer 5 **10.35** Crank XXX **11.00** Freeview

11.10 Crank XXX **11.15** The Training of Miss Truelove 5 **11.30** Suburban Versions **11.50** Freeview **12.00** Suburban Versions **12.05** The Demise of Renee Richards 5 **12.20** Mummies Gone Wild 5 **12.40** Secret Diary Of a She-Male 5 **1.00** Freeview **1.10** Secret Diary Of a She-Male 5 **1.15** Keisha Kane Extreme & Insane 5 **1.35** Girlz With Attitude 5 **2.00** Freeview **2.10** Girlz With Attitude 5 **2.15** A View To A Thrill 6

ONES TO WATCH...

SATURDAY
5 JULY



Wimbledon 2014 / Match of the Day Live / Live Formula 1: British Grand Prix Qualifying from 12.05pm, BBC1 & BBC2

If you're a fan of tennis, football or motor racing – or even all three – then chances are you won't be leaving the sofa this weekend as there's more sport than you can shake a stick at on the BBC. The action kicks off on BBC2 at 12.05pm with the British Grand Prix qualifying as Lewis Hamilton will be hoping to get one over team-mate Nico Rosberg. At 1.15pm, it's over to BBC1 as Sue Barker is in the hot-seat for live Wimbledon coverage, before we head over to Brazil for the quarter-finals of the World Cup. ★★★★★

Top five on CHANNEL 5

1. COLUMBO: SUITABLE FOR FRAMING 5.20PM
2. COLUMBO: MURDER BY THE BOOK 6.40PM
3. SHE'S 78, HE'S 39: AGE GAP LOVE 8PM
4. BIG BROTHER 9PM
5. BENEFITS BRITAIN... 10PM



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EVERY WEDNESDAY & SATURDAY NIGHT

In the first ad break after 9.55pm on Channel 5

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BBC1

6.00 Breakfast. Latest headlines. **9.00** The Andrew Marr Show. The week's stories. **10.00** Sunday Morning Live. Topical debate covering religious, moral and ethical issues. **11.00** Sunday Politics **12.15** BBC News, Weather **12.30** Bargain Hunt. From Builth Wells, Powys. (R) **1.00** Wimbledon 2014. Sue Barker and guests look ahead to this afternoon's men's singles final. **PICK** **1.50** Wimbledon 2014. Sue Barker introduces live coverage of the men's singles final at the All England Club, as the concluding day of the third Grand Slam tournament gets under way on Centre Court. Subsequent programmes subject to change. *See Ones To Watch*. **5.45-6.10** BBC News, Local News; Weather

6.10 Countryfile

John Craven visits the Peak District set of The Village. Helen Skelton discovers the links between the area and the British Raj, and gets tips on animal photos. Including Weather For The Week Ahead.

7.10 Antiques Roadshow

The team pay a second visit to Wentworth Woodhouse stately home, where members of the public bring along treasured items to find out their worth. Last in the series.

8.10 Casualty

A man ignores Ethan's advice to take it easy, putting himself and his son in danger and Connie asserts her authority.

9.00 Common

Drama from Jimmy McGovern, exploring the consequences of the UK's Joint Enterprise law. Seventeen-year-old Johnjo gives his cousin Tony and some friends a lift to a pizza parlour for food, unaware their real intention is to "sort out" a local loudmouth.

10.30 BBC News, Local News; Weather

Latest headlines. **10.55 Have I Got Old News for You** Another chance to see the satirical quiz, with captains Ian Hislop and Paul Merton. (R)

FILM 11.25 Sliding Doors

(1998) A woman's entire future hinges on whether or not she catches a train. Comedy drama, starring Gwyneth Paltrow, John Hannah and John Lynch.

1.05-6.00 BBC News. Latest headlines.

Alternative Schedule

5.45 Pointless Celebrities (R) **6.35** BBC News, Local News; Weather **7.00** Countryfile **8.00** Antiques Roadshow

BBC2

6.00 This Is BBC Two **6.10 FILM: East of Sudan** (1964) **7.40** Gardeners' World (R) **8.10** World Cup Films **9.45** Match of the Day: FIFA World Cup Highlights **10.30** Saturday Kitchen Best Bites. James Martin presents highlights of the series. (R) **12.00** Live Formula 1: British Grand Prix. Suzi Perry introduces coverage from Silverstone (Start-time 1.00pm). **3.30** Racing Legends: Stirling Moss (R) **4.30** Flog It! Trade Secrets. Advice on making money from antiques and collectibles. (R) **5.10** Songs of Praise: Big Sing – The UK's Top 10 Hymns. From the Royal Albert Hall. **5.45-8.00** Wimbledon 2014. Sue Barker is at the All England Club to present live coverage of the concluding day of the championships. Programmes subject to change.

8.00 The Quest for Bannockburn

Part two of two. Neil Oliver and Tony Pollard conclude their attempt to mark the 700th anniversary of Bannockburn by pinpointing the location of the iconic battlefield.

9.00 A Cabbie Abroad: Fiji

London cabbie Mason McQueen plies his trade in the South Pacific Island's capital Suva and teams up with a hotel doorman to sample the indigenous way of life. Last in the series.

10.00 Mock the Week

With Rob Beckett, Susan Calman and Romesh Ranganathan. (R)

10.35 Today at Wimbledon

John Inverdale presents highlights from the All England Club, where the winner of the third Grand Slam event of the year was decided. Plus, a review of the tournament.

FILM 11.35 Heavenly Creatures

(1994) Drama based on the true story of Pauline Parker and Juliet Hulme, whose obsessive friendship drove them to murder. Starring Kate Winslet.

1.05 Sign Zone: Countryfile. John Craven visits Hayfield in the Peak District. (R) **2.05** Sign Zone: Holby City. Raf is not a happy man. (R) **3.05** This Is BBC Two

ITV

6.00 CITV **8.25** ITV News **8.30** Weekend. With guests John Barrowman, Matt Edmondson, Alexandra Burke and Lissie. **9.25** Love Your Garden. Alan Titchmarsh comes to the aid of a couple who founded a charity to support bereaved families after the loss of their 23-month-old son. (R) **10.30** Tour de France Live. Gary Imlach presents coverage of the second stage, which takes the riders on a 201km journey from York to Sheffield, on the second of three days in England. With commentary by Phil Liggett and Paul Sherwen, reports by Ned Boulting and analysis by Chris Boardman. **5.00-6.00** Tipping Point. Quiz show in which contestants answer questions to win turns on an arcade-style machine. (R)

6.00 You've Been Framed!

Harry Hill narrates a selection of mishaps filmed by viewers. (R)

6.30 Local News

6.45 ITV News, Weather

FILM 7.00 Despicable Me

(2010) A criminal mastermind hopes to seal his reputation as the greatest villain of them all by stealing the moon. First he needs to get his hands on a shrinking ray owned by a rival evil genius, and adopts three orphan girls to help him – but finds that fatherhood brings out his long-buried caring side. Animated comedy, with the voices of Steve Carell, Jason Segel and Russell Brand.

9.00 Nation's Favourite Motown Song

Craig Charles counts down the Detroit record company's greatest hits, as voted for by the British public. The legendary label launched the careers of superstars such as Stevie Wonder and Diana Ross, and this programme features the story behind 20 classics as told by the people who made pop history.

10.30 ITV News, Weather

10.45 The Cube

A builder and a 24-year-old mother take part, aiming to complete tasks within the confines of the cube to win a jackpot of £250,000. Hosted by Phillip Schofield. (R)

11.45 The Unforgettable Russell Harty Profile of the chat-show host who became a household name in the 1970s and 80s. (R)

12.15 The Store. Home shopping. **2.15** Motorsport UK **3.05** British Superbike Championship Highlights **3.55** ITV Nightscreen **4.15** May the Best House Win (R) **5.05** The Jeremy Kyle Show (R)

Channel 4

6.15 The Hoobs (R) **6.40** British F3 **7.10** Snowdonia Slateman Triathlon **7.35** How I Met Your Mother (R) **8.00** Everybody Loves Raymond (R) **8.30** Everybody Loves Raymond (R) **9.00** Frasier (R) **9.30** Sunday Brunch **12.30** George Clarke's Amazing Spaces (R) **1.35** The Big Bang Theory (R) **2.00** The Big Bang Theory (R) **2.30** The Simpsons (R) **3.00** The Simpsons (R) **3.30** The Simpsons. A trilogy of spine-chillers. (R) **4.00** Deal or No Deal. Beat-the-banker gameshow. **5.00-7.35** FILM: A Knight's Tale (2001) A poverty-stricken squire poses as a knight to compete in jousting tournaments, launching himself on the road to riches. Comedy adventure, starring Heath Ledger and Paul Bettany. Edited for language and violence.

7.35 Channel 4 News

FILM 8.00 Johnny English Reborn

(2011) Premiere. A bumbling secret agent retires to a Tibetan monastery in disgrace after a mission goes wrong. He is lured out of seclusion by the chance to redeem himself when his former bosses seek his help in foiling an attempt to assassinate the premier of China. Spy comedy sequel, starring Rowan Atkinson, Gillian Anderson, Rosamund Pike and Dominic West.

10.00 Sean Lock: Purple Van Man

The 8 Out Of 10 Cats team captain's stand-up show. The comedian offers a uniquely skewed take on the world through gags, opinions, deft observations and silly voices.

FILM 11.00 Get Him to the Greek (2010) A record company employee is given the task of making sure a manic rock star makes it from London to his concert in Los Angeles without causing too much mayhem. Comedy, with Russell Brand.

12.55 FILM: This Boy's Life (1993) Drama, starring Robert De Niro. **2.50** Swimming (R) **3.05** A SuperScrippers' Merry Christmas (R) **4.00** Beat My Build (R) **4.55** Kirstie's Vintage Gems (R) **5.00** Deal or No Deal (R) **5.55-6.40** Countdown (R)

Channel 5

6.00 Milkshake! **10.00** Access. Showbiz news and gossip. **10.05** Meerkat Manor (R) **10.30** Big Brother (R) **11.30** The Dog Rescuers with Alan Davies (R) **12.30** FILM: Sabrina the Teenage Witch (1996) Supernatural comedy, with Melissa Joan Hart. Edited for product placement. **2.15** FILM: Space Jam (1996) Live action and animated comedy, starring Michael Jordan. **3.55** FILM: A Goofy Movie (1995) Animated comedy, with the voices of Bill Farmer. **5.20-6.55** FILM: The Fox and the Hound (1981) A fox cub and a puppy become friends, but as they grow up, they realise they are expected to be enemies. Animated adventure, with the voices of Mickey Rooney and Kurt Russell. Edited for flashing images.

6.55 5 News Weekend

FILM 7.00 Rush Hour

(1998) A Hong Kong detective is sent to Los Angeles to investigate a kidnapping, but the local authorities worry that his presence in America might spark an international incident, and assign a loud-mouthed and troublesome cop to keep an eye on him. However, the new partnership proves an explosive combination. Comedy adventure, starring Jackie Chan, Chris Tucker, Ken Leung, Tom Wilkinson and Chris Penn.

9.00 Big Brother

Daily round-up of highlights, revealing how the housemates are getting on, featuring the latest tasks, games, arguments, laughs and diary room visits. Narrated by Marcus Bentley.

FILM 10.00 Lethal Weapon 4

(1998) Mismatched LAPD detectives Riggs and Murtaugh stumble across a ship transporting Chinese immigrants into the US. As they try to get to the bottom of the organisation behind the smuggling, they find themselves up against a master criminal who is an expert in martial arts and heads a Chinese triad responsible for people-trafficking and forgery. Action adventure sequel, starring Mel Gibson and Danny Glover.

12.25 World's Scariest Plane Landings **1.10** SuperCasino **3.10** One World Trade Centre: Rebuilt (R) **4.00** House Doctor (R) **4.25** Make It Big (R) **4.50** Funky Valley Show (R) **5.00** Angels of Jarm (R) **5.10** Roary (R) **5.20** Angels of Jarm (R) **5.30** Funky Valley Show (R) **5.40** Roary (R)

REGIONAL VARIATIONS:

Today at Wimbledon **12.00** FILM: Heavenly Creatures (1994) **1.35** This Is BBC Two **RTÉ 1.35** The Sunday Game Live **4.50** Nuacht **5.00** Joanna Lumley's Greek Odyssey **6.00** The Angelus **6.01** RTÉ News: Six One, Weather **6.30** Ireland's Ocean **7.00** Room to Improve **8.00** Fair City **8.30** At Your Service **9.00** RTÉ News: Nine O'Clock, Weather **9.30** FILM: About a Boy (2002) **11.15** The Week in Politics **12.10** European Parliament Report **12.40** Saturday Night with Miriam **1.45** FILM: Children of a Lesser God (1986) **3.45** Winners & Losers **4.30** Who's the Boss? **4.55** Who's the Boss? **5.20** EuroNews **5.55** Teleshopping **S4C 6.00** Clwb Cyw **8.50** Penblwyddi Cyw **8.55** Pen-Blwydd Pwy? **9.00** Diwrnod Mawr y Plant **9.30** Tir Cymru **10.30** Sioe Aberystwyth 2014 **11.30** Y Ty Cymreig **12.00** Cod Cristnogaeth **12.55** Ffermio **1.20** Cefn Gwlad **1.45** Prynhawn Da **2.00** Seiclo **4.45** Byd Pws **5.15** Newyddion S4C a'r Tywydd **5.25** Pobol y Cwm **7.20** Newyddion S4C a'r Tywydd **7.30** Dechrau Canu Dechrau Canmol **8.00** O'r Pant I'r Byrn **9.00** Dyddiaduron y Rhyfel Mawr **10.00** Seiclo **10.30** Am Ddraig **11.30** Olion: Palu am Hanes **12.05** Diwedd

WEST 6.30 ITV News West Country **STV 6.30** STV News **12.15** The Nightshift **5.00** ITV Nightscreen **WESTCOUNTRY 6.30** ITV News West Country **BBC2 N IRELAND 10.00** Five Fables **10.30**

OVER ON DIGITAL

ONES TO WATCH...

SUNDAY
6 JULY

5★ **6.00** Teleshopping **1.00** Big Brother **2.05** **FILM:** Along Came Polly (2004) Romantic comedy, starring Ben Stiller and Jennifer Aniston. **3.55** **FILM:** Wild Wild West (1999) Sci-fi Western comedy, starring Will Smith. **6.00** Police Interceptors **7.00** Police Interceptors **8.00** The 70-Stone Man: The Final Chapter **9.00** Benefits Britain: Life on the Dole **10.00** Gypsies on Benefits & Proud. Documentary following a group of Roma moving to London. **11.00** World's Worst Tenants **11.30** World's Worst Tenants

SUSA **6.00** Teleshopping **12.00** My Name Is Earl **12.25** The Mentalist **1.25** The Mentalist **2.20** **FILM:** Columbo: Mind Over Mayhem (1974) Detective drama, with Peter Falk. **4.00** **FILM:** Columbo: Candidate for Crime (1973) Detective drama, starring Peter Falk. **6.00** CSI: Man Hunter **7.00** CSI: Miami **8.00** CSI: Miami **9.00** CSI: Crime Scene Investigation. The team re-opens a cold case. **10.00** CSI: Miami. Two male models are found dead. **11.00** CSI: NY **12.00** CSI: Miami **1.00** The Walking Dead **2.00** The Walking Dead

ITV2 **6.00** Beauty and the Geek **6.45** The Hot Desk – Example **6.55** Emmerdale **9.15** Coronation Street **11.40** America's Got Talent **2.30** You've Been Framed! Family Special **3.15** **FILM:** Beethoven (1991) Canine comedy. **5.00** **FILM:** Valiant (2005) Computer-animated adventure. **6.30** **FILM:** Pearl Harbor (2001) War drama. **10.00** The Only Way Is Essex. See *Ones To Watch*. **10.50** TV OD **11.20** **FILM:** The Matrix Reloaded (2003) Sci-fi thriller sequel. **1.55** Best of You've Been Framed! **2.45** Teleshopping **5.45** ITV2 Nightscreen

SKY1 **6.00** Hour of Power **7.00** Glee **8.00** Glee **9.00** Transformers: Age of Extinction Special **9.30** Jersey Boys Special **10.00** WWE Superstars **11.00** WWE: Experience **12.00** Ashley Banjo's Secret Street Crew **1.00** Twin Towns **2.00** Futurama **3.00** Modern Family **5.30** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** Futurama. See *Ones To Watch*. **9.00** Hawaii Five-O **10.00** NCIS: Los Angeles. See *Ones To Watch*. **11.00** Cop Squad **12.00** Brit Cops: Frontline Crime UK **1.00** Brit Cops: Frontline Crime UK

SKY ATLANTIC **6.00** Fish Town **7.00** Seinfeld **8.00** The Petrol Age **10.00** Friday Night Lights **11.00** Richard E Grant's Hotel Secrets **12.00** Richard E Grant's Hotel Secrets **1.00** Anthony Bourdain: No Reservations **2.00** Anthony Bourdain: No Reservations **3.00** Blue Bloods **4.00** Blue Bloods **5.00** Without a Trace **6.00** Without a Trace **7.00** Without a Trace **8.00** David Attenborough's Kingdom of Plants **9.00** Game of Thrones **10.15** Witness. Part one of two. **11.30** Steve Coogan: Stand-Up Down Under **12.30** True Detective

BBC THREE **7.00** Formula 1: British Grand Prix Highlights **8.00** Top Gear. Jeremy Clarkson, Richard Hammond and James May try to build mobility scooters capable of tackling the British countryside's terrain. With actor Michael Fassbender. **9.00** **FILM:** Tron: Legacy (2010) Sci-fi adventure sequel. **11.00** Family Guy **11.45** American Dad! **12.10** American Dad! **12.30** Murdered By My Boyfriend **1.30** Russell Howard's Good News **2.00** Stacey Dooley in the USA: Giving Up My Baby **3.00** Live at the Electric

SKY LIVING **6.00** RSPCA Animal Rescue **7.00** RSPCA Animal Rescue **8.00** The Real A&E **9.00** Nothing to Declare **10.00** Four Weddings **11.00** Chicago Fire **12.00** Chicago Fire **1.00** Chicago Fire **2.00** Chicago Fire **3.00** RSPCA Animal Rescue **3.30** RSPCA Animal Rescue **4.00** RSPCA Animal Rescue **4.30** RSPCA Animal Rescue **5.00** America's Next Top Model **6.00** Four Weddings **7.00** The Real A&E **8.00** Obese: A Year to Save My Life USA **9.00** Elementary **10.00** The Blacklist **11.00** Bones **12.00** CSI: Miami **1.00** CSI: Miami **1.50** CSI: Miami

MTV **6.00** Cribs **6.20** Teen Mom **2** **6.45** Plain Jane **7.35** Teen Mom **2** **8.30** Teen Mom **2** **9.30** Teen Mom **2** **10.30** Teen Mom **2** **11.30** Teen Mom **2** **12.30** Teen Mom **2** **1.30** Teen Mom **2** **2.30** Teen Mom **2** **3.30** Teen Mom **2** **4.30** Teen Mom **2** **5.30** Teen Mom **2** **6.30** Teen Mom **2** **8.00** Catfish: The TV Show **9.00** Here Come the Geordies: James **10.00** Here Come the Geordies: James **11.00** Here Come the Geordies: James **12.00** Here Come the Geordies: James **1.00** Here Come the Geordies: James **2.00** Catfish: The TV Show

FILM4 **11.00** The Enemy Below (1957) World War Two thriller. **1.00** The Phantom (1996) Superhero adventure. **2.50** Star Trek V: The Final Frontier (1989) Sci-fi adventure sequel, starring William Shatner. **5.00** Rio (2011) Animated comedy, with the voice of Jesse Eisenberg. **6.50** Mission: Impossible (1996) Action thriller, with Tom Cruise. **9.00** Unstoppable (2010) Tony Scott's action thriller, with Denzel Washington and Chris Pine. **10.55** Sliver (1993) Erotic thriller. **1.00** Wuthering Heights (2011) Period drama.

televisionX **SKY 903** **10.00** Freeview **10.10** Weird Science XXX **1** **10.35** Feel or No Deal **5** **10.55** Michelle B's European Tour **5** **11.00** Freeview **11.10** Michelle B's European Tour **5** **11.30** Babe Spotting **3** **11.50** Freeview **12.00** Babe Spotting **3** **12.05** Laras Men in Uniform **5** **12.30** Couch Confessions **12** **12.40** Unit XXX **5** **1.00** Freeview **1.10** Unit XXX **5** **1.15** Mountain High **5** **1.40** Jasmine: Twenty Four Seven **5** **2.00** Council Estate Cuties **5** **2.20** Jim Slip Does Prague **5** **2.45** Jobs for the Boys **3.10** Life In Bras **4** **3.30** Dirty Diaries **4**



The Only Way Is Essex

10pm, ITV2

No matter how many new faces *TOWIE* introduce us to in this new series, we know the outcome will be the same – either they will interfere with a couple who already exists or will rub at least a handful of others up the wrong way. And that's why we love it – because even though so much of it is staged, it's all daft fun. And there's nothing like watching two hunks with the IQ of a gnat arguing over a girl who's not actually bothered about them. Tonight, expect plenty more totes awkward moments between former friends Lauren and Chloe. ★★★★★



NCIS: Los Angeles

10pm, Sky1

It's the last episode of the series and Hetty's off to Washington D.C. to face up to her actions regarding the White Ghost fiasco – but will we see the show's scene-stealer again next year? Meanwhile, there's good news for fans rooting for 'Densi' because there's a relationship-defining moment. And be warned, this is an explosive finale, literally! ★★★★★



Wimbledon 2014

1.50pm, BBC1

After two weeks of tension, today finally marks the one we've all been waiting for – the men's final. After yesterday's women's final, Sue Barker will be presenting live coverage of the last day of the championships. Last year was a historic one when Andy Murray lifted the trophy and we're sure there will be plenty more on-court drama today. ★★★★★



Futurama

8.30pm, Sky1

Zoidberg's feeling left out when the Planet Express crew head off to Mars Vegas and leave him behind. He trudges back to his dumpster and stumbles across the loot from Robot Mafia's latest heist. So the lobster-like-alien heads to a casino – and ends up winning \$10bn! Foolishly, he continues gambling and loses everything! ★★★★★

Top five on

CHANNEL

5

1. BIG BROTHER 9PM

2. THE FOX AND THE HOUND 5.20PM

3. A GOOFY MOVIE 3.55PM

4. LETHAL WEAPON 4 10PM

5. RUSH HOUR 7PM

BBC1

6.00 Breakfast **9.15** Heir Hunters (R) **10.00** Homes Under the Hammer (R) **11.00** Fake Britain. Consumer show. (R) **11.30** Operation Hospital Food with James Martin. Chef James Martin visits Birmingham's Royal Orthopaedic unit. (R) **12.15** Bargain Hunt. From the Royal Highland Centre in Edinburgh. **1.00** BBC News, Weather **1.30** Local News, Weather **1.45** Doctors. Zara arrives back at St Phil's Hospital. **2.15** Perfection. General knowledge quiz, hosted by Nick Knowles. (R) **3.00** Escape to the Country. Properties in Kent. (R) **3.45** Wanted Down Under. A family from the West Midlands samples life in Australia. (R) **4.30** Flog It! **5.15-6.00** Pointless. Quiz show, hosted by Alexander Armstrong. (R)

6.00 BBC News

6.30 Local News

7.00 The One Show

Matt Baker and Alex Jones present topical stories.

7.30 How Safe Is Your House?

Visits to agencies which work to keep homes safe.

8.00 EastEnders

Lola realises the extent of Billy's financial difficulties.

8.30 ISIS: Terror in Iraq—Panorama

Paul Wood investigates ISIS.

9.00 John Bishop's Australia

New series. Comedian John Bishop sets off on a bicycle journey along Australia's east coast, meeting extraordinary characters and experiencing natural wonders along the way.

10.00 BBC News

10.25 Local News, Weather

10.35 Guilty by Association

The controversy surrounding the Joint Enterprise law, which critics argue is leading to wrongful convictions of people who were only on the periphery of a crime.

11.35 Commonwealth City

New series. Documentary following the people of Dalmarnock, who have seen their community redeveloped.

12.40-6.00 BBC News. Catch up with the latest headlines from around the world. With weather updates.

BBC2

6.00 This Is BBC Two **6.05** Homes Under the Hammer (R) **7.05** Animal Park (R) **7.50** Bargain Hunt (R) **8.20** Sign Zone: Helicopter Heroes: New Cases (R) **9.05** Sign Zone: Permission Impossible: Britain's Planners (R) **10.05** Sign Zone: Watchdog Test House (R) **10.35** Click **11.00** BBC News **11.30** BBC World News **12.00** Daily Politics **1.00** Breakaway (R) **1.45** Cash in the Attic (R) **2.30** The Hairy Bikers' Food Tour of Britain. The duo sample the flavours of Shropshire. (R) **3.15** Natural World: Living with Baboons. Mat Pines' five-year study of the lives of baboons in Ethiopia. (R) **4.15** Frozen Planet. David Attenborough explores the polar regions. (R) **5.15-6.00** Vintage Antiques Roadshow. From Middleport, Staffordshire. (R)

6.00 Eggheads

The winners of gameshows tackle a set of challengers. (R)

6.30 Flog It! Trade Secrets

The experts offer advice on making money from antiques. (R)

7.00 Paul Hollywood's Pies & Puds

The baker eats some of the hottest chilli peppers. (R)

7.30 University Challenge:

Class of 2014 Part one of two. Cameras follow students as they attempt to win a place on the quiz, beginning with team selection and preparations for the gruelling audition stage.

8.30 RHS Hampton Court Palace Flower Show 2014

New series. From the event in London.

9.00 Scotland: For Richer or Poorer?

Robert Peston investigates the economic implications for Scotland if its citizens vote in favour of it becoming an independent nation in the referendum in September.

10.00 QI

Stephen Fry asks a range of unusual questions. (R)

10.30 Newsnight

Analysis of the day's events, presented by Kirsty Wark.

11.20 A Cabbie Abroad: Fiji

London cabbie Mason McQueen plies his trade in the South Pacific island's capital Suva. Last in the series. (R)

12.20 Sign Zone: I Bought a Rainforest. Charlie decides he needs to get involved with the locals. (R) **1.20** This Is BBC Two. Previews of upcoming programmes. **4.00-6.00** BBC Learning Zone (R)

ITV

6.00 Good Morning Britain. **8.30** Lorraine. Entertainment and fashion news. **9.25** The Jeremy Kyle Show. Guests air their differences. **10.30** This Morning. Celebrity chat and lifestyle features, including a look at the stories making the newspaper headlines, viewers' comments in the Hub and a recipe in the kitchen. **12.00** Tour de France Live. Coverage of the third stage, which takes the riders on a 155km journey from Cambridge to London, on the final day to take place in England. Presented by Gary Imlach, with commentary by Phil Liggett and Paul Sherwen, reports by Ned Boulting and analysis by Chris Boardman. **4.30** You've Been Framed! (R) **5.00-6.00** The Chase. Quiz show, hosted by Bradley Walsh.

6.00 Local News

6.30 ITV News, Weather

7.00 Emmerdale

Ross suggests he and Donna do another risky job.

7.30 Coronation Street

Peter signs over his share of Underworld to Carla.

8.00 Countrywise

Paul Heiney explores the folklore of the Isle of Man. (R)

8.30 Coronation Street

Kal and Leanne's relationship is put under increasing strain.

9.00 The Cube: Celebrity Special

Former EastEnders star Charlie Brooks and retired rugby player Ben Cohen tackle a series of fiendishly difficult challenges for charity. Phillip Schofield hosts. Last in the series.

10.00 ITV News at Ten, Weather

10.30 Local News

10.35 You Cannot Be Serious! Comedy impressions. (R)

11.05 Ray Mears' Close Encounters

In the first of two studies of Australian animals, the survival expert focuses on the saltwater crocodile in the Northern Territory and how it is now inhabiting urban areas. (R)

12.05 Jackpot247. Viewers take part in live interactive gaming. **3.00** The Jeremy Kyle Show USA. Guests air their differences. (R) **3.40** ITV Nightscreen. Text-based information service. **4.15** May the Best House Win (R) **5.05-6.00** The Jeremy Kyle Show (R)

Channel 4

6.40 3rd Rock from the Sun (R) **7.05** 3rd Rock from the Sun (R) **7.30** The King of Queens (R) **7.55** Everybody Loves Raymond (R) **8.30** Everybody Loves Raymond (R) **9.00** Frasier (R) **9.30** Frasier (R) **10.00** Undercover Boss USA. New series. **11.00** Come Dine with Me: Ireland (R) **11.30** Come Dine with Me: Ireland (R) **12.00** Channel 4 News Summary **12.05** Come Dine with Me: Ireland (R) **12.35** Come Dine with Me: Ireland (R) **1.05** Come Dine with Me: Ireland (R) **1.40** A Place in the Sun: Summer Sun (R) **2.40** Countdown **3.30** Deal or No Deal **4.30** Ultimate Dealer. New series. A group of dealers vie to make the greatest profit. **5.00-6.00** Couples Come Dine with Me. New series. Three couples compete for the cash prize of £1,000.

6.00 The Simpsons

Bart saves the life of a calf. With the voice of Zooey Deschanel. (R)

6.30 Hollyoaks

Tony is astounded when Sinead confesses her feelings for him.

7.00 Channel 4 News

Latest headlines from around the world. With weather.

8.00 The Great British Break-Up? Channel 4 Dispatches

Antony Barnett investigates.

8.30 Jamie's Money Saving Meals

Jamie Oliver prepares chicken curry. Last in the series.

FILM 9.00 The Armstrong Lie

(2014) Premiere. Documentary following cycling champion Lance Armstrong's fall from grace. Film-maker Alex Gibney was initially commissioned to follow the cyclist as he prepared to make a professional comeback by competing in the Tour de France, only to find himself documenting an unprecedented scandal as Armstrong was exposed as having used performance-enhancing drugs.

11.35 Random Acts: Big Dance 11.40 Beauty Queen or Bust

The regional heats of the Miss World beauty pageant continue as three girls compete. (R)

12.35 The Secret Millions (R) **1.30** Scandal **2.15** The Mill. Drama set in the 1830s. (R) **3.10** The Mill (R) **4.05** Beat My Build (R) **5.00** SuperScrimpers (R) **5.05-6.00** Deal or No Deal (R)

Channel 5

6.00 Milkshake! Fun for youngsters. **9.15** The Wright Stuff **11.10** Cowboy Builders. A single mother whose house has been rendered uninhabitable. (R) **12.10** 5 News Lunchtime **12.15** Big Brother. Daily round-up of highlights. (R) **1.15** Home and Away **1.45** Neighbours **2.15** NCIS. The team protects the daughter of a foreign defence secretary. (R) **3.15** FILM: *Amber's Story* (2006) Fact-based drama about the kidnapping and murder of a nine-year-old girl that led to the creation of an alert system for missing children. Starring Elisabeth Rohm and Teryl Rothery. Edited for daytime broadcast. **5.00** 5 News at 5. Latest headlines. **5.30** Neighbours. Paul slips into depression. (R)

6.00 Home and Away

Phoebe's dad offers Kyle money to break up with her. (R)

6.30 5 News Tonight

A round-up of the evening's headlines, with by Matt Barbet.

7.00 Skyscraper: London's Cheesegrater

The creation of the Leadenhall Building in the City of London's financial district, which was designed by Richard Rogers as a tapered tower with a steel exoskeleton.

8.00 Police Interceptors

New series. Following the work of a high-speed interception team from Lincolnshire's Roads Policing Unit. Members of the operational support unit smash through a window in a drugs raid.

PICK 9.00 Benefits Britain: Life on the Dole

Examining the lives of unemployed people visits Hull, which has one of the highest unemployment rates and lowest average weekly wages in the UK. *See Ones To Watch.*

10.00 Big Brother

Marcus Bentley narrates a round-up of the highlights of the latest events as the housemates ruthlessly attempt to seize power, keep it and impose their will on the others.

11.00 Big Brother's Bit on the Side

Rylan Clark presents the live spin-off show, in which he and his guests discuss the latest round of nominations.

12.00 She's 78, He's 39: Age Gap Love (R) **1.00** SuperCasino. Viewers get the chance to take part in live interactive gaming. **3.10** Under the Dome (R) **4.00** Wildlife SOS (R) **4.20** Divine Designs (R) **4.45** House Doctor (R) **5.10** House Doctor (R) **5.35-6.00** Great Artists (R)

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11

12

REGIONAL VARIATIONS:

10.35 Belfast City: Mud, Sweat and 400 Years **11.35** Guilty by Association **12.30** Commonwealth City **1.30** BBC News **BBC1 SCOTLAND 7.30** On the Road 2014 **BBC2 N IRELAND 7.00** The Farm Fixer **10.00** Cuisle **BBC2 SCOTLAND 10.30** Scotland 2014 **11.00** Newsnight **11.50** A Cabbie Abroad: Fiji **12.50** Sign Zone: I Bought a Rainforest **1.50** This Is BBC Two **RTE1 8.10** Mystery Diagnosis **9.05** My Kitchen Rules **10.05** The Doctors **11.00** Dr Phil **12.00** Shortland Street **12.30** Doctors **1.00** News **1.30** Home and Away **2.00** Neighbours **2.25** EastEnders **3.00** Fair City **3.30** MasterChef: The Professionals **4.40** Feargal Quinn's Retail Therapy **5.10** The Zoo **5.40** Nuacht **6.00** The Angelus **6.01** News **7.00** Nationwide **7.30** Deirfiúracha na hEolaiochta **8.00** EastEnders **8.30** Ireland's Search and Rescue **9.00** News **9.35** Michaela, Peru and the Drugs Run **10.35** You've Been Trumped **12.35** FILM: The China Syndrome (1979) **2.45** Shortland Street **3.10** Birds of a Feather **3.40** Nationwide **S4C 7.00** Cyw **1.00** Newyddion S4C a'r Tywydd **1.05** Cefn Gwlad **1.35** Seiclo **3.00** Cyw **4.00** Awr Fawr **5.00** Stwnsh **6.30** Newyddion S4C a'r Tywydd **6.35** Pobol y Cwm **7.00** Heno **8.00** Pobol y Cwm **8.25** Ffermio **9.00** Newyddion 9 a'r Tywydd **9.30** Straeon Tafarn **10.00** Seiclo **10.30** Mamwlad gyda Ffion Hague **11.00** Darn Bach o Hanes **11.30** Seiclo **12.05** Diwedd

OVER ON DIGITAL

5★ **6.00** Teleshopping. Home shopping. **1.00** Gilmore Girls **2.00** Big Brother **3.00** Neighbours **3.25** Home and Away **4.00** Beware! Cowboy Builders **5.00** Police Interceptors **5.55** 5★ Access **6.00** Neighbours **6.30** Home and Away **7.00** Emergency Bikers. A paramedic tends a woman who is slipping into a diabetic coma. **8.00** Can't Pay? We'll Take It Away! **9.00** **FILM:** Bad Boys (1995) Action thriller, starring Will Smith and Martin Lawrence. **11.20** World's Worst Tenants **11.50** 5★ Access **12.00** Teleshopping

SUSA **6.00** Teleshopping **12.00** Access **12.15** **FILM:** Columbo: Mind Over Mayhem (1974) Crime drama, with Peter Falk and Jose Ferrer. **1.55** **FILM:** Sands of the Kalahari (1965) Plane crash survivors are left stranded in the Kalahari desert, where the stress of their predicament soon begins to take its toll. Drama, starring Stanley Baker and Stuart Whitman. **4.00** NCIS **5.00** Diagnosis Murder **6.00** Law & Order **6.55** Access **7.00** NCIS **12.00** CSI: Miami **1.00** Justified **2.00** My Name Is Earl **3.00** Teleshopping

ITV2 **Including at 7.50** Jeremy Kyle USA **8.35** Dinner Date **9.35** The Real Housewives of New Jersey **10.30** The Real Housewives of Atlanta **11.30** Big Rich Texas **12.30** Emmerdale **1.00** Coronation Street **1.30** You've Been Framed! **2.00** Jeremy Kyle **4.10** The Real Housewives of Atlanta **5.05** Big Rich Texas **6.00** Dinner Date **7.00** You've Been Framed! **9.00** **FILM:** Happy Gilmore (1996) Golfing comedy. **10.55** Celebrity Juice **11.40** Two and a Half Men **12.35** Dads **1.00** Fake Reaction **1.35** You've Been Framed! Full Throttle

SKY1 **6.00** Glee **7.00** Futurama **9.00** NCIS: Los Angeles **11.00** Hawaii Five-0 **1.00** NCIS: Los Angeles **3.00** Glee **4.00** Futurama **5.00** The Simpsons **5.30** Futurama **6.30** The Simpsons **8.00** Modern Family **9.00** Trolled **10.00** **FILM:** Fantastic Four (2005) Five astronauts develop superhuman powers during an energy storm in space, but one puts his abilities to evil use. Sci-fi comic-book adventure, with Ioan Gruffudd and Jessica Alba. **12.15** NCIS: Los Angeles **2.05** Hawaii Five-0 **4.00** Stargate Atlantis **5.00** About a Boy

SKY ATLANTIC **6.00** Stargate SG-1 **7.00** thirtysomething **8.00** Star Trek: Enterprise **9.00** Without a Trace **10.00** Blue Bloods **11.00** Stargate SG-1 **12.00** Without a Trace **1.00** House **3.00** Star Trek: Enterprise **4.00** Without a Trace **5.00** Blue Bloods **6.00** House **8.00** Friday Night Lights **9.00** Penny Dreadful **10.10** Banshee. New series. *See Ones To Watch.* **11.15** Set List: Stand-Up Without a Net **11.45** Curb Your Enthusiasm **12.20** True Detective **1.30** Banshee **2.35** Blue Bloods: Meet the Characters **2.50** The Sopranos

BBC THREE **7.00** Hotel of Mum and Dad **8.00** Don't Tell the Bride. A nurse from Derby plans his wedding. **9.00** Slum Survivors. New series. Students are challenged to survive in one of the toughest slums in the world. **10.00** Badults. The boys consider embracing change in their lives. Last in the series. **10.30** EastEnders. Mick's birthday present for Linda arrives in the shape of soldier son Lee. **11.00** Family Guy **11.45** American Dad! **12.30** Slum Survivors **1.30** Badults **2.00** Live at the Electric **3.00** Slum Survivors

SKY LIVING **6.00** Motorway Patrol **7.00** Nothing to Declare **8.00** RSPCA Animal Rescue **9.00** Emergency Abroad **10.00** The Real A&E **11.00** My Kitchen Rules: Australia **12.00** CSI: Crime Scene Investigation **1.00** Criminal Minds **3.00** CSI: Crime Scene Investigation **5.00** RSPCA Animal Rescue **6.00** Nothing to Declare **7.00** My Kitchen Rules: Australia **8.00** Hitched. New series. *See Ones To Watch.* **9.00** Bones **10.00** Unforgettable. *See Ones To Watch.* **11.00** CSI: Miami **12.00** Hannibal **1.00** Bones **1.50** CSI: Miami **2.40** Bones

MTV **6.00** Cribs **6.20** Teen Cribs **7.10** My Super Sweet 16 **8.00** Teen Mom **9.00** Being Catelynn: A Teen Mom Special **10.00** My Super Sweet World Class **11.00** Catfish: The TV Show **12.00** Teen Mom **2.00** Ex on the Beach **2.00** 16 & Pregnant **3.00** Catfish: The TV Show **4.00** Being Catelynn: A Teen Mom Special **5.00** Sleeping with the Family **6.00** Catfish: The TV Show **7.00** Teen Mom **8.00** Plain Jane **9.00** Catfish: The TV Show **10.00** House of Food **11.00** Ridiculousness **12.00** The Valleys **1.00** Ridiculousness

FILM4 **11.00** Tora! Tora! Tora! (1970) Fact-based World War Two drama, starring Martin Balsam. **1.45** Donovan's Reef (1963) Comedy drama, starring John Wayne. **3.55** The Overlanders (1946) Fact-based drama, starring Chips Rafferty. **5.50** Australia (2008) Romantic drama, starring Nicole Kidman. **9.00** Star Trek (2009) Sci-fi adventure, starring Chris Pine and Zachary Quinto. **11.25** The Naked Gun 2 1/2: The Smell of Fear (1991) Slapstick comedy sequel. **1.15** Basket Case 3 (1992) Horror comedy sequel.

televisionX **SKY 903** **10.00** Freeview **10.10** Real Escorts **4** **10.35** The Demise of Renee Richards **5** **10.50** Couch Confessions **12** **11.00** Freeview **11.10** Couch Confessions **12** **11.15** Filthy Gob **5** **11.35** Mucky Mummy **5** **11.50** Freeview **12.00** Mucky Mummy **5** **12.15** Pickups **5** **12.40** Angel Long's Porn Apprentice **5**. Fun for adults. **1.00** Freeview **1.10** Angel Long's Porn Apprentice **5** **1.15** Poker Lessons **5** **1.35** Layla Jade Does Hollywood **5** **2.00** Unit XXX **5** **2.25** Jim Slip's Euro Matures **4** **2.55** The Warped Mind of Angel Long **4**

ONES TO WATCH...

MONDAY
7 JULY



Benefits Britain: Life on the Dole

9pm, Channel 5

There's no other show on the television right now that has viewers up in arms as much as this one. And tonight is going to be no exception as the fourth episode of the controversial series pays a visit to Hull, which has the highest unemployment rate. The folk who come under the spotlight tonight include Leah, 51, who was forced to go bankrupt when she couldn't pay back her loans. Elsewhere, Gordon's daughter is expecting a baby and it will be the third generation of the family living off the welfare state as neither she nor her husband have jobs. ★★★★★



NEW SERIES

Hitched

8pm, Sky LIVING

Proving that the first 12 months of marriage might not always be the honeymoon period, this documentary series follows a group of newlyweds for a year after they say "I do" and all the milestones and pitfalls the first year of marriage brings. But after the first 365 days are up, will they all still be together? ★★★★★



Unforgettable

10pm, Sky LIVING

The cop with the mega memory is hunting to find out who murdered a driver hired to deliver a car to a Swiss diplomat. At first she thinks it's a case of mistaken identity but when she finds a tattoo on his corpse, it turns out that he happened to be part of a street-racing ring. And then his boss turns up dead too! Blimey! ★★★★★



NEW SERIES

Banshee

10.10pm, Sky Atlantic

The second series of this hit US drama begins with sex, violence, strong language and a squashed squirrel as our favourite bogus sheriff deals with the fallout from the bloody shootout with Rabbit and his motley crew of Ukrainian mobsters. Meanwhile, Sugar and Job steal a body back from a morgue and bury it elsewhere. ★★★★★

Top five on

CHANNEL

5

1. **SKYSCRAPER: LONDON'S CHEESEGRATER** 7PM
2. **POLICE INTERCEPTORS** 8PM
3. **BENEFITS BRITAIN: LIFE ON THE DOLE** 9PM
4. **BIG BROTHER'S BIT ON THE SIDE** 11PM
5. **AMBER'S STORY** 3.15PM

6

7

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9

10

11

12

BBC1

6.00 Breakfast **9.15** Heir Hunters (R) **10.00** Homes Under the Hammer **11.00** Fake Britain. Consumer show. (R) **11.30** Operation Hospital Food with James Martin. The chef appeals for help. (R) **12.15** Bargain Hunt. From Dorking, Surrey. (R) **1.00** BBC News, Weather **1.30** Local News, Weather **1.45** Doctors. Niamh tries to catch Al's attention. **2.15** Perfection. General knowledge quiz, hosted by Nick Knowles. (R) **3.00** Escape to the Country. House-hunting in Dorset. (R) **3.45** Wanted Down Under. A single mother and her son sample life in Perth, Australia. (R) **4.30** Flog It! Making a profit at auction. **5.15-6.00** Pointless. Quiz show, hosted by Alexander Armstrong. (R)

6.00 BBC News, Weather

6.30 Local News, Weather

7.00 The One Show

Live chat and topical reports, with Matt Baker and Alex Jones.

7.30 Room 101

Guests include Sheila Hancock and Jon Richardson. (R)

8.00 EastEnders

The Carters gather for Linda's birthday party.

8.30 Match of the Day Live

Coverage of the first semi-final (Kick-off 9.00pm), which takes place at the Estadio Mineirao in Belo Horizonte, Brazil, and features the winning sides from the first and second quarter-finals. With the host nation having reached the last 16 as winners of Group A, hopes will be high that they have progressed this far, and should they do so, they will still be on course to banish the memories of their defeat in the final match of the 1950 tournament, which was the only other time the event has been staged here. In the event of extra-time and penalties, subsequent shows are subject to change.

11.10 BBC News, Weather

11.35 Local News, Weather

11.45 John Bishop's Australia From Australia's east coast. (R)

12.50-6.00 BBC News

■ **Alternative Schedule**

8.30 Holby City **9.30** Mrs Brown's Boys (R) **10.00** BBC News **10.35** Would I Lie to You? (R) **11.05** A Question of Sport (R) **11.45** Match of the Day **12.30** Weather for the Week Ahead **12.35-6.00** BBC News

BBC2

6.00 This Is BBC Two **6.05** Homes Under the Hammer (R) **7.05** Animal Park (R) **7.50** Fake Britain (R) **8.20** Sign Zone: Helicopter Heroes: New Cases (R) **9.05** Sign Zone: Watchdog (R) **10.05** Sign Zone: Watchdog Test House. The claims of household product-makers are put on trial. (R) **10.35** HARDtalk. With Stephen Sackur. **11.00** BBC News **11.30** BBC World News **12.00** Daily Politics **1.00** The Super League Show **2.00** Cash in the Attic **2.30** The Hairy Bikers' Food Tour of Britain (R) **3.15** Natural World: Tiger Island. An ambitious scheme to save Sumatra's jungle tigers. (R) **4.15** Frozen Planet. A polar bear hunts with her cubs in the Arctic. (R) **5.15-6.00** Vintage Antiques Roadshow. From the Wills Memorial Building, Bristol. (R)

6.00 Eggheads

Quiz in which the winners of gameshows work as a team. (R)

6.30 Flog It! Trade Secrets

Advice on making money from antiques and collectibles. (R)

7.00 Paul Hollywood's Pies & Puds

The baker rustles up a black pudding sausage plait. (R)

7.30 Mary Berry Cooks

The Great British Bake Off judge gives advice for a tea party. (R)

8.00 University Challenge: Class of 2014

Part two of two. The students discover which teams have won places in the quiz, with the 28 successful quartets undergoing intense training before heading to the TV studio.

PICK 9.00 Shopgirls: The True Story of Life Behind the Counter

Pamela Cox examines the development of the roles of female staff in the latter half of the 20th century. Last in the series. *See Ones To Watch.*

10.00 The Best of The Sarah Millican Television Programme: Vol 2 Highlights from the show.

10.30 Newsnight, Weather

Analysis of the day's events, presented by Laura Kuenssberg.

11.20 Scotland: For Richer or Poorer? Robert Peston

investigates the economic implications for Scotland if its citizens vote in favour of it becoming an independent nation in the referendum in September.

12.20 Sign Zone: Seven Wonders of Brazil (R) **1.20** Match of the Day: FIFA World Cup Replay. A re-run of the first semi-final. **3.05** This Is BBC Two **4.00-6.00** BBC Learning Zone (R)

ITV

6.00 Good Morning Britain. News, current affairs and lifestyle features. **8.30** Lorraine. Entertainment and fashion news. **9.25** The Jeremy Kyle Show. Guests air their differences. **10.30** This Morning. Celebrity chat and lifestyle features, including a look at the stories making the newspaper headlines. **12.30** Loose Women. Topical debate from a female perspective. **1.30** ITV News, Weather **1.55** Local News **2.00** Peter Andre's 60 Minute Makeover. Transforming a loft conversion in Blackpool. (R) **3.00** Dickinson's Real Deal. The team visits Ilkeston in Derbyshire. **3.59** ITV Local Weather **4.00** Tipping Point. Quiz show, hosted by Ben Shephard. (R) **5.00-6.00** The Chase. Quiz show, hosted by Bradley Walsh.

6.00 Local News, Weather

6.30 ITV News, Weather

7.00 Emmerdale

Hour-long episode. Andy lashes out at Adam, Ross steals petty cash and valuables from the factory, Lisa grows suspicious of Tracy's motives and Charity manipulates Declan.

8.00 You've Been Framed!

Harry Hill narrates a comical selection of mishaps. (R)

8.30 Match of the Day Live

Coverage of the first semi-final (Kick-off 9.00pm), which takes place at the Estadio Mineirao in Belo Horizonte, Brazil, and features the winning sides from the first and second quarter-finals. With the host nation having reached the last 16 as winners of Group A, hopes will be high that they have progressed this far, and should they do so, they will still be on course to banish the memories of their defeat in the final match of the 1950 tournament, which was the only other time the event has been staged here. In the event of extra-time and penalties, subsequent shows are subject to change.

11.15 ITV News, Weather

11.45 Local News, Weather

11.50 Tales from Northumberland with Robson Green (R)

12.20 Jackpot247 **3.00** Loose Women (R)

■ **Alternative Schedule**

8.00 Love Your Garden **9.00** Benidorm (R) **10.00** ITV News **10.35** Piers Morgan's Life Stories: Gloria Hunniford (R) **11.35** Tales from Northumberland with Robson Green (R) **12.05-3.00** Jackpot247

Channel 4

6.00 Countdown (R) **6.45** 3rd Rock from the Sun (R) **7.10** 3rd Rock from the Sun (R) **7.35** The King of Queens (R) **8.00** Everybody Loves Raymond (R) **8.30** Everybody Loves Raymond (R) **9.00** Frasier (R) **9.30** Frasier (R) **10.00** Undercover Boss USA. The CEO of a chain of department stores goes undercover. **11.00** Come Dine with Me: Ireland (R) **11.30** Come Dine with Me: Ireland (R) **12.00** Channel 4 News Summary **12.05** Come Dine with Me: Ireland (R) **12.35** Come Dine with Me: Ireland (R) **1.05** Come Dine with Me: Ireland (R) **1.40** A Place in the Sun: Winter Sun (R) **2.40** Countdown. With Griff Rhys Jones. **4.30** Ultimate Dealer **5.00-6.00** Couples Come Dine with Me. Three couples compete in Greater Manchester.

6.00 The Simpsons

Lisa becomes a success at the Sundance Film Festival. (R)

6.30 Hollyoaks

Sienna vows to do whatever it takes to stay out of prison.

7.00 Channel 4 News

Includes headlines and weather.

8.00 Kirstie's Fill Your House for Free

Kirstie Allsopp transforms more homes with furniture sourced for free, creating a functioning family room, a sewing studio and a "man cave" for a Bedfordshire couple.

9.00 Embarrassing Bodies

New series. Christian Jessen meets a man with a large hole in his face, Dawn Harper helps a patient reclaim her voice and four holidaymakers are put under surveillance in Magaluf.

10.00 Ramsay's Kitchen

Nightmares USA In Colorado, Gordon Ramsay concludes his attempt to save Italian restaurant Mangia Mangia.

10.55 The Secret Life of Students Documentary

following the fortunes of 12 students embarking on their first year at Leicester University, capturing all the drama, gossip and goings-on as they get to grips with the reality of life away from home. (R)

12.00 Random Acts: Big Dance 2014

12.05 Poker **1.00** KOTV Boxing Weekly **1.25** Trans World Sport (R) **2.25** The Grid (R) **2.50** Snowdonia Slateman Triathlon (R) **3.20** British F3 (R) **3.45** Beat My Build (R) **4.40** River Cottage Veg Heroes (R) **5.05-6.00** Deal or No Deal (R)

Channel 5

6.00 Milkshake! Fun for youngsters. **9.15** The Wright Stuff **11.10** Cowboy Builders. Dominic Littlewood gets into a war of words with a builder. (R) **12.10** 5 News Lunchtime **12.15** Big Brother. Daily round-up of highlights. (R) **1.15** Home and Away **1.45** Neighbours **2.15** NCIS. A marine's teeth and fingertips are found in a pickpocket's stolen purse. (R) **3.15** FILM: Shattered Silence (2012) A grieving mother wants to understand why her daughter committed suicide, and discovers she had been subjected to a campaign of bullying. Drama, starring Liz Vassey and Jenn Proske. Edited for daytime broadcast. **5.00** 5 News at 5. Latest headlines. **5.30** Neighbours. Brennan plans to bring Paul to justice. (R)

6.00 Home and Away

Zac tells Oscar he will take the blame for the accident. (R)

6.30 5 News Tonight

Round-up of the day's headlines from around the world.

7.00 Whale Adventure with Nigel Marven

The grey whales' migratory journey takes Nigel up the coast of California, where he encounters humpbacks in the Santa Barbara Channel and spots condors above Big Sur. (R)

8.00 The Dog Rescuers with Alan Davies

Birmingham RSPCA inspectors come to the aid of a young Staffie tethered to a makeshift kennel in a rubbish-strewn garden and a shockingly thin Labrador.

PICK 9.00 CSI: Crime Scene Investigation

A homeless man is found apparently stabbed to death in an alley after winning \$350,000 at a casino and the team discovers a link to a pawn shop. *See Ones To Watch.*

10.00 Big Brother

Highlights of Monday's action in the house, as the housemates continue their attempt to live harmoniously under the all-seeing eye of Big Brother.

11.00 Big Brother's Bit on the Side

Emma Willis presents the live Big Brother round-up, with regular panellist Luisa Zissman, including the usual debates, features, insights and gossip.

12.00 Wentworth Prison. Jacs asserts her authority in the laundry when Bea

tries to take over the sewing. (R) **1.00** SuperCasino **3.10** Brand New House for 5K (R) **4.00** Wildlife SOS (R) **4.20** Divine Designs (R) **4.45** House Doctor (R) **5.10** House Doctor (R) **5.35** Great Artists (R)

■ REGIONAL VARIATIONS:

STV 7.59 STV News Headlines **12.20** FILM: Columbo: Negative Reaction (1974) **1.55** The Jeremy Kyle Show USA **2.40** In Plain Sight **3.25** Rory Bremner's Great British Views **4.20** The Jeremy Kyle Show USA **UTV 7.59** UTV Live Update **12.20** Teleshopping **2.50** ITV Nightscreen **BBC2 N IRELAND 7.00** The Farm Fixer **7.30** Getaways **BBC2 SCOTLAND 9.00** The Referendum Debate **10.30** Scotland 2014 **11.00** Newsnight **11.50** Shopgirls: The True Story of Life Behind the Counter **12.45** Mock the Week **BBC2 WALES 1.00** Cash in the Attic **1.45** am.p.m. **2.30** The Super League Show **3.30** The Hairy Bikers' Food Tour of Britain **RTÉ1 7.25** Shopping from Home **8.00** Mystery Diagnosis **8.55** My Kitchen Rules **9.55** The Doctors **10.50** Dr Phil **11.45** Shortland Street **12.15** Doctors **12.45** Telly Bingo **1.00** News **1.30** Home and Away **2.00** Neighbours **2.25** EastEnders **3.00** Nationwide **3.30** MasterChef: The Professionals **4.40** Super Garden **5.10** The Zoo **5.40** Nuacht **6.00** The Angelus **6.01** News **7.00** Building Ireland **8.00** EastEnders **8.00** Summer Suppers **8.30** Kitchen Hero: Rediscovering the Irish Kitchen **9.00** News **9.35** FILM: Because I Said So (2007) **11.25** The Gloaming **12.30** Oireachtas Report **1.00** Castle **1.55** Telly Bingo **2.05** 'Allo 'Allo! **2.30** Shortland Street **2.55** Dr Phil **3.40** Doctors **4.00** EuroNews **5.4C 7.00** Cyw **1.00** Newyddion 5.4C a'r Tywydd **1.05** Prynhawn Da **2.00** Ffermio **2.30** Seiclo **4.30** Stwnsh **6.30** Newyddion 5.4C a'r Tywydd **6.35** Pobol y Cwm **7.00** Heno **7.30** Rownd a Rownd **8.00** Pobol y Cwm **8.25** Llangollen 2014 **9.00** Newyddion 9 a'r Tywydd **9.30** Hacio **10.00** Seiclo **10.30** 999: Ambiwllans Awyr Cymru **11.00** Rich a Mark: Rhedeg y Sahara **11.35** Y Dydd yn y Cynulliad

OVER ON DIGITAL

5★ **6.00** Teleshopping **1.00** Gilmore Girls **2.00** Big Brother **3.00** Neighbours **3.25** Home and Away **4.00** Brand New House for 5K **5.00** Police Interceptors **5.55** **5★** Access **6.00** Neighbours **6.30** Home and Away **7.00** Extreme Fishing with Robson Green **9.00** **FILM:** Made of Honor (2008) A single man realises he is in love with his best friend and tries to stop her marrying someone else. Romantic comedy, starring Patrick Dempsey. **11.15** World's Worst Tenants **11.45** **5★** Access **12.00** Teleshopping

SUSA **6.00** Teleshopping. Home shopping. **12.00** Access **12.05** **FILM:** Columbo: Candidate for Crime (1973) Detective drama, starring Peter Falk. **2.20** **FILM:** Tumbleweed (1953) Western, starring Audie Murphy. **4.00** NCIS **5.00** Diagnosis Murder **6.00** Law & Order **6.55** Access **7.00** NCIS **9.00** The Butcher Brothers: Born to Kill? **10.00** The Mentalist. Jane prepares to come face-to-face with Red John. **11.00** Played **12.00** CSI: Miami **1.00** Terminator: The Sarah Connor Chronicles **3.00** Teleshopping

ITV2 **Including at 8.35** Dinner Date **9.35** The Real Housewives of New Jersey **10.30** The Real Housewives of Atlanta **11.30** Big Rich Texas **12.30** Emmerdale **1.00** Coronation Street **2.00** The Jeremy Kyle Show **4.10** The Real Housewives of Atlanta **5.05** Big Rich Texas **6.00** Dinner Date **7.00** You've Been Framed! **8.00** I Wanna Marry "Harry" **9.00** Hell's Kitchen **11.00** Celebrity Juice **11.50** Two and a Half Men **12.45** Dads **1.10** Hell's Kitchen **1.55** Life's Funniest Moments **2.20** Teleshopping **5.50** ITV2 Nightscreen

SKY1 **6.00** Glee **7.00** Futurama **9.00** NCIS: Los Angeles **11.00** Hawaii Five-0 **1.00** NCIS: Los Angeles **3.00** Glee **4.00** Futurama **5.00** The Simpsons. Cartoon capers. **5.30** Futurama. Animated fun. **6.30** The Simpsons. Cartoon capers. **8.00** Modern Family **9.00** An Idiot Abroad 2. Karl Pilkington visits destinations on his bucket list beginning with a trip to an island in the South Pacific. **10.00** Glee **11.00** 24: Live Another Day **12.00** NCIS: Los Angeles **2.00** Hawaii Five-0 **4.00** Stargate Atlantis **5.00** About a Boy **5.30** Airline USA

SKY ATLANTIC **6.00** Stargate SG-1 **7.00** thirtysomething **8.00** Star Trek: Enterprise **9.00** Without a Trace **10.00** Blue Bloods **11.00** Stargate SG-1 **12.00** Without a Trace **1.00** House **3.00** Star Trek: Enterprise **4.00** Without a Trace **5.00** Blue Bloods **6.00** House **8.00** The Petrol Age **9.00** Penny Dreadful. *See Ones To Watch.* **10.00** Witness **11.15** Game of Thrones **12.30** True Detective **1.45** Curb Your Enthusiasm **2.20** Funny or Die Presents **2.50** The Sopranos **4.00** Love/Lust and Power Couples **5.00** The Devil's Dinner Party

BBC THREE **7.00** Don't Tell the Bride. A groom-to-be jumps at the chance to plan his wedding. **8.00** Slum Survivors. Students are challenged to survive in one of the toughest slums in the world. **9.00** My Murder. Documentary drama based on the 2008 murder of 16-year-old Shakilus Townsend. **10.00** Russell Howard's Good News. An edition from 2011. **10.30** EastEnders **11.00** Family Guy **11.45** American Dad! **12.30** Sun, Sex and Suspicious Parents **1.30** Slum Survivors **2.30** Stacey Dooley in the USA: Giving Up My Baby

SKY LIVING **6.00** Motorway Patrol **7.00** Nothing to Declare **8.00** RSPCA Animal Rescue **9.00** Emergency Abroad **10.00** The Real A&E **11.00** My Kitchen Rules: Australia **12.00** CSI: Crime Scene Investigation **1.00** Criminal Minds **3.00** CSI: Crime Scene Investigation **5.00** RSPCA Animal Rescue **6.00** Nothing to Declare **7.00** My Kitchen Rules: Australia **8.00** Criminal Minds **9.00** The Blacklist **10.00** Hannibal. *See Ones To Watch.* **11.00** Bones **12.00** Chicago Fire **1.00** CSI: Miami **1.50** Bones **2.40** CSI: Crime Scene Investigation **3.30** Airline

MTV **6.00** Cribs **6.20** Teen Cribs **7.10** My Super Sweet 16 **7.35** Teen Mom **9.00** Being Amber: A Teen Mom Special **10.00** My Super Sweet World Class **11.00** Catfish: The TV Show **12.00** Teen Mom 2 **1.00** Ex on the Beach **2.00** 16 & Pregnant **3.00** Catfish: The TV Show **4.00** Being Amber: A Teen Mom Special **5.00** Sleeping with the Family **6.00** Catfish: The TV Show **7.00** Teen Mom 3 **8.00** Teen Mom 2 **9.00** Catfish: The TV Show **10.00** Georgie Shore **11.00** Catfish: The TV Show **12.00** House of Food **1.00** Ridiculousness

FILM4 **11.00** Action in the North Atlantic (1943) World War Two naval adventure. **1.35** A Town Like Alice (1956) World War Two drama, starring Virginia McKenna. **4.05** The Robe (1953) Historical drama, starring Richard Burton. **6.45** Fair Game (2010) Fact-based thriller, starring Naomi Watts. **8.50** Boyhood Interview Special **9.00** Red (2010) Action thriller, with Bruce Willis. **11.10** Dazed and Confused (1993) Comedy drama, with Ben Affleck. **1.15** American Graffiti (1973) Coming-of-age comedy drama.

televisionX **SKY 903** **10.00** Freeview **10.10** Weird Science XXX 1 **10.35** Real Escorts 4 **11.00** Freeview **11.10** Real Escorts 4 **11.15** When Saturday Comes 5 **11.30** Rough X 5 **11.50** Freeview **12.00** Rough X 5 **12.05** Calling the Shots 2. Adult fun **12.35** Crazy Nymphs 5 **12.55** Rubber Manor 5 **1.00** Freeview **1.10** Rubber Manor 5 **1.30** C** Bi With Me 5 **2.00** Pornogeist 5 **2.25** Old And Young 5 **2.45** Frustrated Housewives 5 **3.15** Baberella 5 **3.40** The Melons Marie Show **4.40** Alley Cats 2 **4.15** The Training of Miss Truelove 5

ONES TO WATCH...

TUESDAY
8 JULY



Shopgirls: The True Story of Life Behind the Counter 9pm, BBC2

We've enjoyed this series that takes a look back at the history of shopgirls. But sadly tonight is the last episode and presenter Dr Pamela Cox delves into the second half of the 20th Century, when it suddenly became cool to be a shopgirl. First, she discovers the role they played during the World War Two blitz. She also looks at how they helped to rescue evacuees and kept things running as smoothly as possible for customers when often they were working in bomb-damaged buildings. Plus, the war also created a new role for women — the working mum. ★★★★★☆



Penny Dreadful 9pm, Sky Atlantic

After just nine weeks, it's the last in the series of the creepy show that's just been recommissioned for a second run. After having a vision of Mina at the Grand Guignol theatre, Vanessa, Sir Malcolm, Ethan, Frankenstein and Semebene take a trip to investigate the empty building. Only it's not empty and they come face-to-face with their worst nightmare. ★★★★★☆



Hannibal 10pm, Sky LIVING

This series keeps getting better and tonight brutal sadist Mason Verger — who appeared in the second *Hannibal* movie — makes his debut. He's the brother of Hannibal's troubled patient Margot and in his spare time he trains pigs to eat human flesh. Needless to say, Dr Lecter loves that. Elsewhere, Hannibal and Will form an eerie alliance. ★★★★★★



CSI: Crime Scene Investigation 9pm, Channel 5

A homeless man strikes it lucky after pawning a ring and watch, putting the cash on the blackjack table and scooping \$350,000. But he's found dead the next day with 12 stab wounds to his back. Cue our CSI friends who investigate the murder and discover he was shot as well — someone certainly wanted him dead. ★★★★★☆

Top five on CHANNEL 5

1. CSI: CRIME SCENE INVESTIGATION 9PM
2. THE DOG RESCUERS WITH ALAN DAVIES 8PM
3. BIG BROTHER 10PM
4. WHALE ADVENTURE WITH NIGEL MARVEN 7PM
5. BIG BROTHER'S BIT... 11PM

BBC1

6.00 Breakfast **9.15** Heir Hunters (R) **10.00** Homes Under the Hammer (R) **11.00** Fake Britain. Consumer show. (R) **11.30** Operation Hospital Food with James Martin (R) **12.15** Bargain Hunt. From the Newark Antique and Collectors' Fair. **1.00** BBC News, Weather **1.30** Local News, Weather **1.45** Doctors. Jimmi uncovers foul play at work. **2.15** Perfection. General knowledge quiz, hosted by Nick Knowles. (R) **3.00** Escape to the Country. An East Sussex home with a spectacular view. (R) **3.45** Wanted Down Under. A family samples life on Australia's Gold Coast. (R) **4.30** Flog It! Making a profit at auction. **5.15-6.00** Pointless. Quiz show, hosted by Alexander Armstrong. (R)

6.00 BBC News

6.30 Local News

7.00 The One Show

Matt Baker and Alex Jones host the live magazine show, with a team of roving reporters presenting stories of interest from around the UK, plus big-name studio guests.

8.00 Match of the Day Live

The second semi-final (Kick-off 9.00pm). All the action from the clash at the Arena de Sao Paulo in Brazil. Eventual champions Spain were the victors in the corresponding fixture in South Africa four years ago, with Carles Puyol's rare goal against Germany giving them a 1-0 win, but those two teams had contrasting fortunes in the early stages this time out. The Spanish were thrashed 5-1 by 2010 runners-up Holland and then eliminated following a 2-0 defeat against Chile, while Joachim Low's men got under way with a 4-0 win over 10-man Portugal, with Thomas Muller scoring a hat-trick. Subsequent programmes are subject to change.

11.10 BBC News

11.35 Local News, Weather Followed by Lottery Update.

11.45 John Bishop's Australia

12.50-6.00 BBC News. Headlines.

■ Alternative Schedule

8.00 Holby City **9.00** Death in Paradise (R) **10.00** BBC News **10.35** Would I Lie to You? (R) **11.05** A Question of Sport: Super Saturday (R) **11.45** Match of the Day: FIFA World Cup Highlights **12.35** BBC News

BBC2

6.00 Homes Under the Hammer (R) **7.00** Match of the Day: FIFA World Cup Highlights **7.45** Fake Britain (R) **8.15** Sign Zone: Call the Council (R) **9.00** Sign Zone: Antiques Roadshow (R) **10.00** Sign Zone: Tigers About the House (R) **11.00** BBC News **11.30** Daily Politics **1.00** Animal Park (R) **1.30** Cash in the Attic **2.00** Charley Hull – Teenage Tigress (R) **2.30** The Hairy Bikers' Food Tour of Britain. Si King and Dave Myers forage for wild vegetables in Kent. (R) **3.15** Natural World – Sri Lanka: Elephant Island. Martyn Colbeck travels to the island country to study its elephants. (R) **4.15** Frozen Planet. How animals in the polar regions adapt to the summer weather. (R) **5.15** Vintage Antiques Roadshow. From Coventry Cathedral. (R)

6.00 Eggheads

The winners of gameshows tackle a set of challengers. (R)

6.30 Flog It! Trade Secrets

Advice on making money from antiques and collectibles. (R)

7.00 Paul Hollywood's Pies & Puds

The baker samples the best Scottish heather honey. (R)

7.30 Mary Berry Cooks

Step-by-step instructions for canapes and guinea fowl. (R)

8.00 RHS Hampton Court Palace Flower Show 2014

Joe Swift explores the plight of Britain's hedgehogs, Carol Klein examines plants that attract pollinators and Toby Buckland offers advice on everyday garden problems.

9.00 Coast Australia

The team explores Western Australia's Coral Coast, with Xanthe Mallett heading to the Houtman Abrolhos islands to examine a gruesome tale of murder. Last in the series.

10.00 Episodes

Beverly struggles to keep Sean focused. Last in the series.

10.30 Newsnight

Analysis of the day's events, presented by Kirsty Wark.

11.20 Shopgirls: The True Story of Life Behind the Counter

Examining the development of the roles of female staff in the latter half of the 20th century. Last in the series. (R)

12.20 Sign Zone: A Very British Airline. Examining how British Airways keeps its flights to New York's JFK airport running smoothly. (R) **1.20** Match of the Day: FIFA World Cup Replay **3.05** This Is BBC Two **4.00** BBC Learning Zone (R)

ITV

6.00 Good Morning Britain **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning. Celebrity chat and lifestyle features, including a look at the stories making the newspaper headlines, viewers' comments in the Hub and a recipe in the kitchen. Including at 11.25 ITV News and Regional Weather. **12.30** Loose Women. Topical debate from a female perspective. **1.30** ITV News, Weather **1.55** Local News **2.00** Peter Andre's 60 Minute Makeover. Transforming a dining room and bedroom in Rochester, Kent. (R) **3.00** Dickinson's Real Deal. From St Helens, Lancashire. **3.59** ITV Local Weather **4.00** Tipping Point. Quiz show, hosted by Ben Shephard. (R) **5.00-6.00** The Chase. Quiz show, hosted by Bradley Walsh.

6.00 Local News

6.30 ITV News, Weather

7.00 Emmerdale

Dan feels left out as Daz continues to win over his friends.

7.30 Coronation Street

Izzy and Gary split up and Marcus begs Todd to forgive him.

8.00 You've Been Framed!

Comedian Harry Hill narrates more camcorder calamities. (R)

8.30 Match of the Day Live

The second semi-final (Kick-off 9.00pm). All the action from the clash at the Arena de Sao Paulo. Eventual champions Spain were the victors in the corresponding fixture in South Africa four years ago, with Carles Puyol's rare goal against Germany giving them a 1-0 win, but those teams had contrasting fortunes in the early stages this time out. The Spanish were thrashed 5-1 by 2010 runners-up Holland and then eliminated following a 2-0 defeat against Chile, while Joachim Low's men got under way with a 4-0 win over 10-man Portugal. Subsequent programmes are subject to change.

11.15 ITV News, Weather

11.45 Local News

11.50 Perspectives: Portillo on Picasso From Spain and France.

12.50 Jackpot247. Live gaming. **3.00** British Touring Car Championship

■ Alternative Schedule

8.00 Midsomer Murders (R) **10.00** News **10.35** Piers Morgan's Life Stories: Michael Flatley (R) **11.35** Perspectives: Portillo on Picasso (R) **12.30-3.00** Jackpot247

Channel 4

6.00 Countdown (R) **6.45** 3rd Rock from the Sun (R) **7.10** 3rd Rock from the Sun (R) **7.35** The King of Queens (R) **8.00** Everybody Loves Raymond (R) **8.30** Everybody Loves Raymond (R) **9.00** Frasier (R) **9.30** Frasier (R) **10.00** Undercover Boss USA **11.00** Come Dine with Me: Ireland (R) **11.30** Come Dine with Me: Ireland (R) **12.00** Channel 4 News Summary **12.05** Come Dine with Me: Ireland (R) **12.35** Come Dine with Me: Ireland (R) **1.05** Come Dine with Me: Ireland (R) **1.40** A Place in the Sun: Home or Away (R) **2.40** Countdown **3.30** Deal or No Deal **4.30** Ultimate Dealer. Two biking buddies compete against a landlord. **5.00-6.00** Couples Come Dine with Me. Three couples from Birmingham compete to win the £1,000 prize.

6.00 The Simpsons

Homer's mother dies and he sets out to fulfil her final wishes. (R)

6.30 Hollyoaks

Nancy is put in a difficult position as she tries to protect her family.

7.00 Channel 4 News

Including sport and weather.

8.00 This Old Thing: The Vintage Clothes Show

Dawn O'Porter faces tough opposition from vintage-hater Liza, who is not afraid of spending a fortune on one-off, bold fashion statements to help her stand out.

9.00 One Born Every Minute

A couple who went through years of fertility treatment to have their first son await a C-section for their second baby, and a pair look forward to the arrival of their fourth child.

10.00 16 Kids and Counting

In Bournemouth, father-of-13 Pete Lewis adapts to life as the only male left in the house, while in Ramsgate, Kent, Gary Freer gives up his job to help look after his nine children. (R)

11.00 Britain's Youngest Carers

Former JLS member Oritsé Williams meets the nation's youngest carers, including a six-year-old, to find out about the challenges they face in looking after their parents.

12.00 Random Acts: Big Dance 2014

12.05 Music on 4: Superstar DJs: With Annie Mac **12.30** The Simpsons (R) **12.55** Ramsay's Kitchen Nightmares USA (R) **1.50** FILM: Lolita (1997) Drama, starring Jeremy Irons. **4.10** Beat My Build (R) **5.05-6.00** Deal or No Deal (R)

Channel 5

6.00 Milkshake! **9.15** The Wright Stuff **11.10** Cowboy Builders. Dominic Littlewood revisits a Harrow couple he helped in 2010. (R) **12.10** 5 News Lunchtime **12.15** Big Brother. Highlights of Monday's action in the house. (R) **1.15** Home and Away **1.45** Neighbours **2.15** NCIS. The agents learn one of their former assistants has been murdered. (R) **3.15** FILM: A Woman Betrayed (2013) Premiere. A woman learns her new boyfriend is secretly a married preacher, and becomes a suspect when his wife is murdered. Crime drama, starring Sarah Lancaster and Drew Waters. Edited for language and violence. **5.00** 5 News at 5 **5.30-6.00** Neighbours. Paul gives Brennan a confession. (R)

6.00 Home and Away

Chris tries to outshine Casey on a surfboard in front of Denny. (R)

6.30 5 News Tonight

A round-up of the evening's headlines, with Matt Barbet.

7.00 Cricket on 5

England v India. Mark Nicholas introduces highlights of the opening day of the First Test of the five-match series from Trent Bridge in Nottingham.

8.00 Brand New House for 5K

Linda Barker has a week and £5,000 to transform a three-bedroom semi-detached house in London, revamping the bathroom, main bedroom and living room. Last in the series.

PICK 9.00 The Hotel Inspector Returns

Alex Polizzi revisits the Godolphin Arms that had been losing money because guests were being undercharged. See *Ones To Watch*. Followed by *The Health Lottery draw*.

10.00 Big Brother

The pick of the previous day's highlights, including the start of another two-day shopping task to determine how well the housemates will eat for the coming week.

11.00 Big Brother's Bit on the Side

Emma Willis presents the BB companion show, including a debate on the burning issues, celebrity guests' thoughts on the latest developments and behind-the-scenes insights.

12.00 SuperCasino. Viewers take part in live interactive gaming. **3.10** World's Busiest Train Station. Behind the scenes at Tokyo's Shinjuku railway station. (R) **4.00** Wildlife SOS (R) **4.20** Divine Designs (R) **4.45** House Doctor (R) **5.10** House Doctor (R) **5.35-6.00** Great Artists (R)

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■ REGIONAL VARIATIONS:

7.00 The Farm Fixer **7.30** Getaways **BBC2 SCOTLAND** **10.30** Scotland 2014 **11.00** Newsnight **11.50** Scotland: For Richer or Poorer? **12.50** This Is BBC Two **RTE1** **7.25** Shopping from Home **8.00** Mystery Diagnosis **8.55** My Kitchen Rules **9.55** The Doctors **10.50** Shortland Street **11.20** Doctors **11.50** Leaders' Questions **1.00** News **1.30** Home and Away **2.00** Neighbours **2.25** EastEnders **3.00** Neven Maguire: Home Chef **3.30** MasterChef: The Professionals **4.40** Super Garden **5.10** The Zoo **5.40** Nuacht **6.00** The Angelus **6.01** News **7.00** Nationwide **7.30** Guerrilla Gourmet **7.57** Lotto **8.00** Mother of All Weddings **9.00** News **9.35** FILM: Legally Blonde (2001) **11.20** The Man Who Saved the World **12.25** Oireachtas Report **12.55** Operation Transformation **1.25** Room to Improve **2.25** At Your Service **2.55** Don't Tell the Bride **3.50** Local Heroes **4.15** Shortland Street **4.40** Nationwide **5.05** Doctors **5.35** EuroNews **5.45** Teleshopping **S4C** **6.00** Diwedd **7.00** Cyw **12.00** Llangollen 2014 **2.25** Newyddion S4C a'r Tywydd **2.30** Seiclo **4.30** Stiwnsh **6.30** Newyddion S4C a'r Tywydd **6.35** Pobol y Cwm **7.00** Heno **7.30** Urdd 2014: Dawnsio i'r Steddfod **8.00** Pobol y Cwm **8.25** Llangollen 2014 **9.00** Newyddion 9 a'r Tywydd **9.30** Llangollen 2014 **10.00** Seiclo **10.30** Y Stiwdio Gefn **11.00** Rich a Mark: Rhedeg y Sahara **11.35** Y Dydd yn y Cynulliad

STV **7.59** STV News Headlines **11.45** Scotland Tonight, Weather **12.50** FILM: Columbo: Strange Bedfellows (1995) **2.30** The Jeremy Kyle Show USA **3.20** In Plain Sight **4.00** Rory Bremner's Great British Views **4.55** The Jeremy Kyle Show **5.50** Scottish Passport Shorts **UTV** **7.59** UTV Live Update **12.50** Teleshopping **2.50** ITV Nightshopping **BBC2 N IRELAND**

OVER ON DIGITAL

5★ **6.00** Teleshopping **1.00** Gilmore Girls **2.00** Big Brother **3.00** Neighbours **3.25** Home and Away **4.00** Brand New House for 5K **5.00** Police Interceptors **5.55** 5★ Access **6.00** Neighbours **6.30** Home and Away **7.00** 5★ Access. Showbiz gossip. **7.10** **FILM:** Cloudy with a Chance of Meatballs (2009) Animated comedy, with the voices of Bill Hader and Anna Faris. **8.55** 5★ Access **9.00** **FILM:** Scream 4 (2011) Horror sequel, starring Neve Campbell. **11.15** Ultimate Police Interceptors **11.45** 5★ Access **12.00** Teleshopping

5USA **6.00** Teleshopping **12.00** Access **12.05** My Name Is Earl **12.35** **FILM:** The Pledge (2008) Western, starring Luke Perry. **2.15** **FILM:** Gunsmoke in Tucson (1958) Western, starring Mark Stevens. **4.00** NCIS **5.00** Diagnosis Murder **6.00** Law & Order **6.55** Access **7.00** NCIS **9.00** NCIS Movie: Judgement Day. Feature-length episode. An agent's funeral leads Shepard on a covert mission. **10.50** CSI: NY. Hawkes is accused of murder. **11.50** CSI: Miami **12.50** Person of Interest **1.50** Wedding Band **2.50** Access

ITV2 **Including at 9.35** The Real Housewives of New Jersey **10.30** The Real Housewives of Atlanta **11.30** Big Rich Texas **12.30** Emmerdale **1.30** You've Been Framed! **2.00** The Jeremy Kyle Show **4.10** The Real Housewives of Atlanta **5.30** Big Rich Texas **6.30** Dinner Date **7.30** You've Been Framed! **8.00** Ultimate You've Been Framed **9.00** I Wanna Marry "Harry" **10.00** The Only Way Is Essex **10.50** Celebrity Juice **11.35** Two and a Half Men **12.30** Dads **12.55** Hell's Kitchen **1.45** You've Been Framed! **2.10** Life's Funniest Moments

SKY1 **6.00** Glee **7.00** Futurama **9.00** NCIS: Los Angeles **11.00** Hawaii Five-0 **1.00** NCIS: Los Angeles **3.00** Glee **4.00** Futurama **5.00** The Simpsons **5.30** Futurama **6.30** The Simpsons **8.00** Modern Family **9.00** 24: Live Another Day. Jack Bauer continues his battle to bring down embittered widow Margot Al-Harazi. **10.00** A League of Their Own. James Corden hosts the sports quiz. **11.00** NCIS: Los Angeles **1.00** Hawaii Five-0 **3.00** Road Wars **4.00** Stargate Atlantis **5.00** About a Boy **5.30** Airline USA

SKY ATLANTIC **6.00** Stargate SG-1 **7.00** thirtysomething **8.00** Star Trek: Enterprise **9.00** Without a Trace **10.00** Blue Bloods **11.00** Stargate SG-1 **12.00** Without a Trace **1.00** House **3.00** Star Trek: Enterprise **4.00** Without a Trace **5.00** Blue Bloods **6.00** House **8.00** David Attenborough's Kingdom of Plants **9.00** Steve Coogan: Stand-Up Down Under. Part two of two. The comedian's tour of Australia and New Zealand in 2009. **10.00** Hello Ladies **11.10** Set List: Stand-Up Without a Net **11.40** The Sopranos **12.55** Game of Thrones

BBC THREE **7.00** Don't Tell the Bride. An 18-year-old hopes for a Disney-style fairy-tale wedding. **8.00** Stacey Dooley in the USA: Giving Up My Baby. Investigating the world of open adoption in America. **9.00** Top Gear Polar Special. A land race from Canada to the North Pole. **10.05** Live at the Apollo **11.05** Family Guy **11.50** American Dad! **12.35** Russell Howard's Good News **1.05** Live at the Apollo **2.05** Stacey Dooley in the USA: Giving Up My Baby **3.00** Blood, Smack & Tears: Afghanistan's Heroin Hell

SKY LIVING **6.00** Motorway Patrol **6.50** Nothing to Declare **7.45** RSPCA Animal Rescue **8.45** Emergency Abroad **9.45** The Real A&E **10.45** My Kitchen Rules: Australia **12.00** CSI: Crime Scene Investigation **1.00** Criminal Minds **3.00** CSI: Crime Scene Investigation **5.00** RSPCA Animal Rescue **6.00** Nothing to Declare **7.00** My Kitchen Rules: Australia **8.00** She's Having a Baby. New series. **9.00** Bones **10.00** CSI: Crime Scene Investigation **11.00** Bones **12.00** Chicago Fire **1.00** CSI: Miami **1.50** Bones **2.40** Caribbean Cops **3.30** Airline

MTV **6.00** Cribs **6.20** Teen Cribs **7.10** My Super Sweet 16 **8.00** Teen Mom **2.00** Being Farrah: A Teen Mom Special **10.00** My Super Sweet World Class **11.00** Catfish: The TV Show **12.00** Teen Mom **2.00** Ex on the Beach **2.00** 16 & Pregnant **3.00** Catfish: The TV Show **4.00** Being Farrah: A Teen Mom Special **5.00** Sleeping with the Family **6.00** Catfish: The TV Show **7.00** Teen Mom **3.00** Teen Mom **2.00** Catfish: The TV Show **10.00** Georgie Shore **11.00** Teen Mom **2.00** The Valleys **1.00** Ridiculousness

FILM4 **11.00** The Last Frontier (1955) Western. **12.55** The Edge of the World (1937) Drama, with Niall MacGinnis. **2.25** Zulu (1964) Fact-based historical drama, with Michael Caine. **5.10** The Desert Rats (1953) World War Two adventure, starring Richard Burton. **6.55** The Company Men (2010) Drama, starring Ben Affleck. **9.00** The Three Musketeers (2011) Swashbuckling adventure, starring Logan Lerman. **11.15** The Fighter (2010) Fact-based drama, with Mark Wahlberg. **1.30** Down with Love (2003) Romantic comedy.

televisionX **SKY 903** **10.00** Freeview **10.10** Linsey Dawn McKenzie: I'm Back **5** **10.40** Motorhome Pickups **11.00** Freeview **11.10** Motorhome Pickups **5** **11.15** Fantasies of Rubber **5** **11.35** Freddie's British Granny Hunt **5** **11.50** Freeview **12.00** Freddie's British Granny Hunt **5** **12.10** Deadly Sins of Mistress Sinclair **4** **12.30** Michelle B's European Tour **5** **12.55** Babe Spotting **3** **1.00** Freeview **1.10** Babe Spotting **3** **1.30** Couch Confessions **12** **1.40** Mountain High **5** **2.05** Jasmine: Twenty Four Seven **5** **2.25** Council Estate Cuties **5**

ONES TO WATCH...

WEDNESDAY
9 JULY



The Hotel Inspector Returns

9pm, Channel 5

It's been two years since Hotel Inspector Alex Polizzi last took a trip to the three-star Godolphin Arms Hotel in Newquay. Last time, the no-nonsense Alex took on the owner Margaret Ashwood – known as Muff to her friends – and her property. Alex couldn't work out what the problem was, as the hotel was spotless and had a loyal team of 20. But it didn't take her long to discover that while Muff might have been in the trade for 30 years, when it came to business sense, she didn't have any as she was only charging £19 per head for bed, breakfast and dinner. ★★★★★

Top five on

CHANNEL
5

- 1. BIG BROTHER 10PM**
- 2. CRICKET ON 5 7PM**
- 3. BRAND NEW HOUSE FOR 5K 8PM**
- 4. THE HOTEL INSPECTOR RETURNS 9PM**
- 5. BIG BROTHER'S BIT ON THE SIDE 11PM**



WATCH THE HEALTH LOTTERY TV DRAW

EVERY WEDNESDAY & SATURDAY NIGHT

In the first ad break after 9.55pm on Channel 5

BBC1

6.00 Breakfast **9.15** Heir Hunters (R) **10.00** Homes Under the Hammer **11.00** Fake Britain. Consumer show. (R) **11.30** Operation Hospital Food with James Martin (R) **12.15** Bargain Hunt. From Leominster, Herefordshire. (R) **1.00** BBC News **1.30** Local News **1.45** Doctors. Niamh needs cheering up. **2.15** Perfection. General knowledge quiz, hosted by Nick Knowles. (R) **3.00** Escape to the Country. Jules Hudson helps a couple search for a home in Pembrokeshire. (R) **3.45** Wanted Down Under. A man wants to move his family back to his native New Zealand. (R) **4.30** Flog It! Making a profit at auction. **5.15-6.00** Pointless. Quiz show, hosted by Alexander Armstrong and Richard Osman. (R)

6.00 BBC News

6.30 Local News

7.00 The One Show

Matt Baker and Alex Jones present the magazine show.

7.30 EastEnders

Shirley makes a difficult decision about Dean.

8.00 Motorway Cops

Documentary series following traffic police as they try to enforce the law on some of Britain's busiest and most dangerous highways.

9.00 Celebrity MasterChef

The remaining cooks enter the semi-finals, catering for the Shakespeare Society and cooking a classic dish from a box of mystery ingredients, before two are sent home.

10.00 BBC News

10.25 Local News, Weather

10.35 Question Time

David Dimbleby chairs a topical debate from Inverness, with just over two months to go before the referendum on Scottish independence. Last in the series.

11.35 This Week

Andrew Neil and guests look through the developments of the past seven days.

12.25-6.00 BBC News. Catch up with the latest headlines from around the world. With weather updates.

BBC2

6.00 This Is BBC Two. Preview of upcoming programmes from BBC Two. **6.05** Homes Under the Hammer (R) **7.05** Match of the Day: FIFA World Cup Highlights **7.50** Fake Britain (R) **8.20** Sign Zone: Call the Council (R) **9.05** Sign Zone: Escape to the Continent (R) **10.05** Sign Zone: Gardeners' World. Carol Klein learns about the habitat garden ponds provide for wildlife. (R) **10.35** HARDtalk. With Stephen Sackur. **11.00** BBC News **11.30** BBC World News **12.00** Daily Politics **1.00** Live Golf: The Women's British Open. Coverage of the opening day at Royal Birkdale Golf Club, as Stacy Lewis begins the defence of the title she won last year at St Andrews. **5.00-6.00** Frozen Planet. Polar bears await the return of the Arctic ice. (R)

6.00 Eggheads

The winners of gameshows tackle a set of challengers. (R)

6.30 Flog It! Trade Secrets

The experts offer advice on making money from antiques. (R)

7.00 Paul Hollywood's Pies & Puds

Paul is joined by Adam Cox. Last in the series. (R)

7.30 Mary Berry Cooks

The food writer demonstrates recipes for Sunday lunch. (R)

8.00 RHS Hampton Court Palace Flower Show 2014

The team are joined by Mary Berry, while Matthew Keightley meets the winner of The One Show's garden design competition. Last in the series.

PICK 9.00 The Honourable Woman

With the hunt on for Atika's son, Hayden-Hoyle starts to investigate who killed Meshal and why, but his enquiries are blocked by his boss Dame Julia Walsh. *See Ones To Watch.*

10.00 Mock the Week

With Josh Widdicombe, Gary Delaney and Tiffany Stevenson.

10.30 Newsnight

Analysis of the day's events, presented by Kirsty Wark.

11.20 The Machine Gun and Skye's Band of Brothers

The development of the Maxim machine gun and the impact its use in World War One had on soldiers from Skye. (R)

12.20 Sign Zone: ISIS: Terror in Iraq – Panorama. An investigation into terror group ISIS. (R) **12.50** Sign Zone: Horizon: Where Is Flight MH370? (R) **1.50** This Is BBC Two. Previews of upcoming programmes. **3.55** BBC Learning Zone (R)

ITV

6.00 Good Morning Britain **8.30** Lorraine **9.25** The Jeremy Kyle Show. Guests air their differences. **10.30** This Morning. Celebrity chat and lifestyle features, including a look at the stories making the newspaper headlines, viewers' comments in the Hub and a recipe in the kitchen. **12.30** Loose Women. Topical debate from a female perspective. **1.30** ITV News, Weather **1.55** Local News **2.00** Peter Andre's 60 Minute Makeover. An ex-serviceman has his lounge and bedroom transformed. (R) **3.00** Dickinson's Real Deal. From Kidderminster, Worcestershire. **3.59** ITV Local Weather **4.00** Tipping Point. Quiz show, hosted by Ben Shephard. (R) **5.00-6.00** The Chase. Quiz show, hosted by Bradley Walsh.

6.00 Local News

6.30 ITV News, Weather

7.00 Emmerdale

Marlon discovers Donna's secret as he snoops around her room.

7.30 How Safe Is Your Beach?

Tonight Fiona Foster looks at some of Britain's beaches.

8.00 Emmerdale

Marlon is overcome by emotion as Donna explains she is dying.

8.30 Coronation Street

Sean tells Marcus that Todd has had another man staying over.

PICK 9.00 Champneys

The luxury spa chain undergoes a challenging period of change as its owner, Stephen Purdew, refurbishes his flagship resort in Tring, Hertfordshire, and shakes up the staff. *See Ones To Watch.*

10.00 ITV News at Ten, Weather

10.30 Local News

10.35 Robbie Coltrane: B-Road Britain

The actor and comedian sets himself the challenge of driving the length and breadth of Britain in a classic 1950s car, using only the B-roads of that bygone age. (R)

11.35 The Late Debate

Events at Westminster.

12.05 Jackpot247. Viewers get the chance to take part in live interactive gaming. **3.00** How Safe Is Your Beach? Tonight (R) **3.25** ITV Nightscreen. Text-based information service. **4.15** May the Best House Win (R) **5.05-6.00** The Jeremy Kyle Show (R)

Channel 4

6.00 Countdown (R) **6.45** 3rd Rock from the Sun (R) **7.10** 3rd Rock from the Sun (R) **7.35** The King of Queens (R) **8.00** Everybody Loves Raymond (R) **8.30** Everybody Loves Raymond (R) **8.55** Frasier (R) **9.30** Frasier (R) **10.00** Undercover Boss USA **10.55** Come Dine with Me: Ireland (R) **11.25** Come Dine with Me: Ireland (R) **11.55** Channel 4 News Summary **12.00** Come Dine with Me: Ireland (R) **12.30** Come Dine with Me: Ireland (R) **1.00** Come Dine with Me: Ireland (R) **1.30** Channel 4 Racing. Live coverage from Newmarket. **3.30** Deal or No Deal. Beat-the-banker gameshow. **4.30** Ultimate Dealer. Two dealers from Surrey and Cheshire compete. **5.00-6.00** Couples Come Dine with Me. Three couples from Essex compete.

6.00 The Simpsons

Homer and Bart bond over their new hobby – coin collecting. (R)

6.30 Hollyoaks

Nana McQueen goes to extreme lengths to get her house back.

7.00 Channel 4 News

The latest headlines from around the world. With weather.

8.00 George Clarke's Amazing Spaces

The architect meets two brothers planning to transform a fire-damaged narrowboat into a bachelor pad, and a police officer who wants to open a mobile cream-tea business.

9.00 Beauty Queen or Bust

The regional heats of the Miss World beauty pageant continue as contestants compete to take the crown in the Miss Fylde Coast competition in Blackpool. Last in the series.

10.00 The Secret Life of

Students This edition explores how the Leicester freshers cope making friends and finding love, and whether they can maintain long-distance relationships with partners back home.

11.05 One Born Every Minute

A couple who went through years of fertility treatment to have their first son await a C-section for their second baby, and a pair look forward to the arrival of their fourth child. (R)

12.05 Random Acts: Big Dance 2014 **12.10** Embarrassing Bodies (R) **1.05** The Auction House (R) **2.00** This Old Thing: The Vintage Clothes Show (R) **2.55** Dinner at 11 (R) **3.50** Mary's Silver Service (R) **4.45** The Great British Break-Up? Channel 4 Dispatches (R)

Channel 5

6.00 Milkshake! Fun for youngsters. **9.15** The Wright Stuff **11.10** Cowboy Builders. Helping homeowners let down by unreliable workmen. (R) **12.10** 5 News Lunchtime **12.15** Big Brother. The housemates begin this week's shopping task. (R) **1.15** Home and Away **1.45** Neighbours **2.15** NCIS. Gibbs interrogates a man accused of killing his father. (R) **3.15** FILM: A Soldier's Love Story (2010) A soldier begins a relationship with a single mother whose lonely boy he corresponded with while serving in Afghanistan. Romantic drama, starring Lori Loughlin and Johnny Messner. **5.00** 5 News at 5 **5.30-6.00** Neighbours. Amber tells Daniel she is breaking up with Josh. (R)

6.00 Home and Away

Alf catches Maddy and Josh together in the surf club. (R)

6.30 5 News Tonight

A round-up of the evening's headlines, with Matt Barbet.

7.00 Cricket on 5

England v India. Highlights of the second day of the first Test of the five-match series from Trent Bridge in Nottingham. With commentary by Geoffrey Boycott and Simon Hughes.

8.00 Black Market Britain: Undercover Sting

New series. Paul Connolly investigates smugglers, forgers and con artists at work around the UK, beginning by focusing on counterfeit designer clothes.

9.00 OAPs Behaving Badly

Documentary following British expat pensioners living it up in Tenerife, blowing their pensions, nest eggs and winter fuel allowances on a party lifestyle.

10.00 Big Brother

A chance to catch up with the latest action as the housemates discover if they have passed the shopping task. Plus, an array of diary-room confessionals, dramas and off-kilter challenges.

11.00 Big Brother's Bit on the Side

Emma Willis presents the BB companion show, including celebrity fans' thoughts on the latest developments in the run-up to tomorrow's eviction and behind-the-scenes insights.

12.00 SuperCasino **3.10** Can't Pay? We'll Take It Away! High court enforcement officers Paul Bohill and Steve Pinner evict a couple who owe five months' rent. (R) **4.00** Wildlife SOS (R) **4.20** Divine Designs (R) **4.45** House Doctor (R) **5.10** House Doctor (R) **5.35** Great Artists (R)

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REGIONAL VARIATIONS:

Coltrane: B-Road Britain **WESTCOUNTRY 11.35** The West Country at Westminster **YORKSHIRE 11.35** Last Orders **BBC1 N IRELAND 10.35** The View **11.05** Question Time **12.05** This Week **BBC2 N IRELAND 7.00** The Farm Fixer **7.30** Getaways **10.00** The Gaitheirinn **BBC2 SCOTLAND 7.30** The Beechgrove Garden **10.30** Scotland 2014 **11.00** Newsnight **11.50** The Machine Gun and Skye's Band of Brothers **RTE1 8.00** Mystery Diagnosis **8.55** My Kitchen Rules **9.55** The Doctors **10.50** Shortland Street **11.20** Doctors **11.50** Leaders' Questions **12.45** Telly Bingo **1.00** News **1.30** Home and Away **2.00** Neighbours **2.25** Nationwide **3.00** Living the Wildlife **3.30** MasterChef: The Professionals **4.10** TBA **4.40** Super Garden **5.10** The Zoo **5.40** Nuacht **6.00** The Angelus **6.01** News **7.00** Getaways **7.30** EastEnders **8.00** Fair City **8.30** The Design Doctors **9.00** News **9.35** Prime Time **10.15** Love/Hate **11.20** The Good Wife **12.20** Oireachtas Report **S4C 6.00** Diwedd **7.00** Cyw **11.55** Newyddion S4C a'r Tywydd **12.00** Llangollen 2014 **2.25** Newyddion S4C a'r Tywydd **2.30** Seiclo **4.30** Stwnsh **6.30** Newyddion S4C a'r Tywydd **6.35** Pobol y Cwm **7.00** Heno **7.30** Rownd a Rownd **8.00** Pobol y Cwm **8.25** Llangollen 2014 **9.00** Newyddion 9 a'r Tywydd **9.30** Llangollen 2014 **10.00** Seiclo **10.30** Peth: Llyfr y Flwyddyn **11.35** Y Dydd yn y Cynulliad

OVER ON DIGITAL

5★ **6.00** Teleshopping **1.00** Gilmore Girls **2.00** Big Brother **3.00** Neighbours **3.25** Home and Away **4.00** Brand New House for 5K **5.00** Police Interceptors **5.55** **5★** Access **6.00** Neighbours **6.30** Home and Away **7.00** The Nightmare Neighbour Next Door **8.00** Angry Brits: Caught on Camera. A footballer climbs into the stands and a confronts a spectator. **9.00** **FILM:** Dodgeball: A True Underdog Story (2004) Sporting comedy, starring Ben Stiller and Vince Vaughn. **11.00** Gypsies on Benefits & Proud **12.00** Teleshopping

SUSA **6.00** Teleshopping **12.00** Access **12.10** My Name Is Earl **12.40** **FILM:** Kansas Raiders (1950) Western, starring Audie Murphy. **2.20** **FILM:** Showdown at Abilene (1956) Western, starring Jock Mahoney. **4.00** NCIS **5.00** Diagnosis Murder **6.00** Law & Order **6.55** Access **7.00** NCIS **9.00** Body of Proof. An 18-year-old is killed and has her brain removed, a case that raises doubts over the guilt of a man Megan helped convict. **10.00** Castle **11.00** The CSI Movie: Dr Who & Mr Jekyll **12.50** Access **1.00** SuperCasino

ITV2 **Including at 9.05** The Real Housewives of New Jersey **10.00** The Real Housewives of Atlanta **11.30** Big Rich Texas **12.30** Emmerdale **1.00** Coronation Street **1.30** You've Been Framed! **2.00** Jeremy Kyle **4.10** The Real Housewives of Atlanta **5.05** Big Rich Texas **6.00** Dinner Date **7.00** You've Been Framed! **7.30** You've Been Framed! Family Special **8.10** **FILM:** Jurassic Park III (2001) Action adventure sequel. **10.00** TV OD **10.30** Celebrity Juice **11.20** Two and a Half Men **12.15** Dads **12.40** Fake Reaction

SKY1 **6.00** Glee **7.00** Futurama **9.00** NCIS: Los Angeles **11.00** Hawaii Five-0 **1.00** NCIS: Los Angeles **2.00** Hawaii Five-0 **3.00** NCIS: Los Angeles **4.00** Futurama **5.00** The Simpsons **5.30** Futurama **6.30** The Simpsons **8.00** Modern Family **9.00** Glee. The McKinley students make plans for a dramatic goodbye as graduation day approaches, while things go from bad to worse for feuding friends Rachel and Santana. *See Ones To Watch.* **10.00** NCIS: Los Angeles **1.00** Hawaii Five-0 **3.00** Road Wars **4.00** Stargate Atlantis **5.00** About a Boy

SKY ATLANTIC **6.00** Stargate SG-1 **7.00** thirtysomething **8.00** Star Trek: Enterprise **9.00** Without a Trace **10.00** Blue Bloods **11.00** Stargate SG-1 **12.00** Without a Trace **1.00** House **3.00** Star Trek: Enterprise **4.00** Without a Trace **5.00** Blue Bloods **6.00** House **8.00** Urban Secrets **9.00** Penny Dreadful. Vanessa, Sir Malcolm, Ethan, Victor and Sembene search for Mina in the Grand Guignol theatre. **10.00** Banshee **11.15** Witness **12.30** Big Love **1.45** The Sopranos **3.00** Love/Lust and Lingerie **4.00** thirtysomething

BBC THREE **7.00** Snog, Marry, Avoid? **8.00** Don't Tell the Bride. A fisherman from the Pembrokeshire coast plans his wedding. **9.00** Stacey Dooley in the USA: Homeless in Detroit. How the city is coping with 20,000 homeless people. **10.00** Russell Howard's Good News **10.30** EastEnders. Lee makes a drunken revelation about Lucy. **11.00** Family Guy **11.45** American Dad! **12.30** Stacey Dooley in the USA: Homeless in Detroit **1.30** Slum Survivors **2.30** Badults **3.00** Stacey Dooley in the USA: Homeless in Detroit

SKY LIVING **6.00** Motorway Patrol **7.00** Nothing to Declare **8.00** RSPCA Animal Rescue **9.00** Emergency Abroad **10.00** The Real A&E **10.30** Nothing to Declare **11.00** My Kitchen Rules: Australia **12.00** CSI: Crime Scene Investigation **1.00** Criminal Minds **3.00** CSI: Crime Scene Investigation **5.00** RSPCA Animal Rescue **6.00** Nothing to Declare **6.30** My Kitchen Rules: Australia **8.00** America's Next Top Model. *See Ones To Watch.* **9.00** **FILM:** You've Got Mail (1998) Romantic comedy. **11.20** Bones **12.20** Chicago Fire **1.20** CSI: Miami

MTV **6.00** Cribs **6.20** Teen Cribs **8.00** Teen Mom 2 **9.00** Being Maci: A Teen Mom Special **10.00** My Super Sweet World Class **11.00** Catfish: The TV Show **12.00** Teen Mom 2 **1.00** Ex on the Beach **1.30** 16 & Pregnant **3.00** Catfish: The TV Show **4.00** Being Maci: A Teen Mom Special **5.00** Sleeping with the Family **6.00** Catfish: The TV Show **7.00** Teen Mom 3 **8.00** Teen Mom 2 **9.00** House of Food **10.00** Catfish: The TV Show **12.00** The Valleys **1.00** Ridiculousness **2.00** Beauty School Cop Outs **3.00** Teleshopping. Home shopping.

FILM4 **11.00** Joyeux Noel (2005) Fact-based World War One drama. **1.15** Brighton Rock (1947) Thriller. **3.05** Jesse James (1939) Western, starring Henry Fonda. **5.10** The Bandit of Sherwood Forest (1946) Swashbuckling adventure, starring Cornel Wilde. **6.55** She's the Man (2006) Romantic comedy, starring Amanda Bynes. **9.00** The Woman in Black (2012) Supernatural horror, with Daniel Radcliffe. **10.50** Street Kings (2008) Crime drama, starring Keanu Reeves. **12.55** Red Sorghum (1987) Period drama.

televisionX **SKY 903** **10.00** Freeview **10.10** Good Girl Gone Bad **1.10** **3.35** Sex Boutique **1** **11.00** Freeview **11.10** Girls Allowed **1** **11.35** Ready, Steady, Chav **11.50** Freeview **12.00** Ready, Steady, Chav **12.05** Recession Girls **1** **12.30** Freddie's British Granny Hunt **1** **12.50** Omar's Treasure Chests **1** **1.00** Freeview **1.10** Omar's Treasure Chests **1** **1.20** Baberella **1.45** Fantasy Girl Alysha **5** **2.05** Crowd Pleaser **1** **2.35** Party Animals **2.55** Nympho Nurses **8** **3.10** Layla Jade Does Hollywood **5** **3.35** Tashes To Flashes **4** **3.55** 8 Ballz **4**

ONES TO WATCH...

THURSDAY
10 JULY



Glee

9pm, Sky1

If we told you that emotions are running wild at McKinley High this week, you probably won't be surprised. Emma and Will have their own worries because they are preoccupied with plans to start a family. Despite many efforts at spawning their own little Glee club, nature doesn't appear to be on their side and they worry that maybe it's not meant to be. But then Will gets some advice from an unexpected source. Meanwhile, last week's spat between Rachel and Santana has its own consequences and things are not looking good for the former pals. ★★★★★



America's Next Top Model

8pm, Sky LIVING

Only 16 of last week's 26 wannabe models will make it through to the end of tonight's second episode. And now they're all living together, alliances are being made and there's a fair whack of tension brewing. So Tyra Banks and Rob Evans drop in to kick some butt, offer advice and taking them to their next shoot – which happens to be on a skyscraper! ★★★★★



Champneys

9pm, ITV

For 90 years, Champneys has been at the top of the spa retreat market. But with more competition coming from other hotel spas, the owners have decided to up their game and modernise their flagship Tring branch. Here, cameras go behind the scenes in this one-off documentary to see how they'll do it. But more interesting are the staff's squabbles! ★★★★★



The Honourable Woman

9pm, BBC2

In the second episode of this eight-parter, Sir Hugh, the head of MI6's Middle East desk, is on the hunt for Atika's son. And he begins to examine why Meshal was murdered and who did it. But he doesn't get very far when the CIA orders his boss, Dame Julia, to stop him asking questions. He then turns his attentions towards Nessa instead. ★★★★★

Top five on

CHANNEL

5

1. OAPS BEHAVING BADLY 9PM
2. BLACK MARKET BRITAIN: UNDERCOVER STING 8PM
3. BIG BROTHER 10PM
4. HOME AND AWAY 1.15PM & 6PM
5. A SOLDIER'S LOVE STORY 3.15PM

BBC1

6.00 Breakfast **9.15** Heir Hunters (R) **10.00** Homes Under the Hammer (R) **11.00** Fake Britain. Consumer show. (R) **11.30** Operation Hospital Food with James Martin (R) **12.15** Bargain Hunt. From Ardingly in West Sussex. **1.00** BBC News, Weather **1.30** Local News, Weather **1.45** Doctors. Rob investigates a driving test scam. **2.15** Perfection. General knowledge quiz, hosted by Nick Knowles. (R) **3.00** Escape to the Country. Nicki Chapman heads to Suffolk to help a couple find a property. (R) **3.45** Wanted Down Under. The Robinson family samples Adelaide. (R) **4.30** Flog It! Making a profit at auction. **5.15-6.00** Pointless. Quiz show, hosted by Alexander Armstrong and Richard Osman. (R)

6.00 BBC News

6.30 Local News

7.00 The One Show

Chris Evans and Alex Jones present stories of interest.

7.30 The Great Property Race

8.00 EastEnders

Lauren tries to repair her relationship with Max.

8.30 Celebrity MasterChef

The hopefuls split into two groups of three for a MasterChef first – a relay invention test. Next the celebrities showcase their pastry skills as they prepare one savoury and two sweet items for afternoon tea for the very exacting ladies of the WI at the Bingham Hotel.

10.00 BBC News

10.25 Local News, Weather

Followed by Lottery Update.

PICK 10.35 Alan Hansen: Player and Pundit A look at the career of the ex-Liverpool star, who is soon to retire from his role at the BBC, which has seen him serve as an analyst. *See Ones To Watch.*

11.35 EastEnders

Omnibus. Mick's birthday present for Linda arrives in the shape of soldier son Lee, while Shirley turns up with a child in tow.

1.35-6.00 BBC News. Catch up with headlines from around the world.

BBC2

6.00 This Is BBC Two. Preview of upcoming programmes. **6.05** Homes Under the Hammer (R) **7.05** Animal Park **7.50** Fake Britain (R) **8.20** Sign Zone: Call the Council (R) **9.05** Sign Zone: The Great British Sewing Bee (R) **10.05** Sign Zone: First Time on the Front Line. A rookie paramedic treats a man wounded by a chainsaw. (R) **10.35** The Travel Show. An underwater photography lesson off the coast of Malaysia. **11.00** BBC News **11.30** BBC World News **12.00** Daily Politics **1.00** Live Golf: The Women's British Open. Coverage of the second day at Royal Birkdale Golf Club, where the players will attempt to make the cut and qualify for the weekend's rounds. **5.00-6.00** Frozen Planet. The fight for survival during winter. (R)

6.00 Eggheads

The winners of gameshows tackle a set of challengers. (R)

6.30 Live Athletics: Glasgow Grand Prix

Gabby Logan presents coverage of the ninth Diamond League event of the season, which comes from Hampden Park. Mo Farah is among the athletes who are expected to be involved tonight, and he will also be going for glory on this track during the forthcoming Commonwealth Games. With commentary by Steve Cram, Andrew Cotter, Ronald McIntosh, Brendan Foster and Jonathan Edwards, reports from Phil Jones, and analysis by Colin Jackson, Denise Lewis and Paula Radcliffe.

9.00 Gardeners' World

Monty Don takes a look at uses for pots and containers.

PICK 9.30 Pipers of the Trenches Descendants of pipers who died in the First World War visit the Somme and Gallipoli to learn about the courage of these men who led their comrades into battle. *See Ones To Watch.*

10.30 Newsnight

Analysis of the day's events, presented by Emily Maitlis.

FILM 11.05 Hamlet 2 (2008)

A failed actor gets a job as a high-school drama teacher to make ends meet. When he learns his course is to be cut from the curriculum, he tries to save it. Comedy, starring Steve Coogan and Catherine Keener.

12.30 FILM: Deadline (2009) Horror, with Brittany Murphy and Thora Birch. **1.50** Question Time. David Dimbleby invites members of the audience to question panellists. (R) **2.50-5.30** This Is BBC Two

ITV

6.00 Good Morning Britain **8.30** Lorraine **9.25** The Jeremy Kyle Show. Guests air their differences. **10.30** This Morning. Celebrity chat and lifestyle features, including a look at the stories making the newspaper headlines, viewers' comments in the Hub and a recipe in the kitchen. Including at 11.25 ITV News and Regional Weather. **12.30** Loose Women. Topical debate from a female perspective. **1.30** ITV News, Weather **1.55** Local News **2.00** Peter Andre's 60 Minute Makeover. The singer heads to Faversham, Kent. (R) **3.00** Dickinson's Real Deal. From Stamford, Lincolnshire. **3.59** ITV Local Weather **4.00** Tipping Point. Quiz show, hosted by Ben Shephard. (R) **5.00-6.00** The Chase. Quiz show, hosted by Bradley Walsh.

6.00 Local News

6.30 ITV News, Weather

7.00 Emmerdale

Moira is pleased when Cain tells her about the offer to Andy.

7.30 Coronation Street

Todd tells Marcus he should spend more time with Liam.

8.00 The Cruise Ship

New series. Life on board the Royal Princess cruise ship.

8.30 Coronation Street

A humiliated Marcus finally sees Todd for what he really is.

9.00 Doc Martin

The locals are excited as the Doc and Louisa's big day arrives. However, when the bride is late, Martin worries this will be the second wedding he will have to cancel. (R)

10.00 ITV News, Weather

10.30 Local News

FILM 10.35 Senna (2010) Documentary about the life of Brazilian Formula One driver Ayrton Senna, examining his achievements on the track over a ten year period that saw him crowned world champion three times. Featuring rare footage from the F1 archives and contributions from Alain Prost and Jackie Stewart.

12.35 Jackpot247. Viewers are offered the chance to participate in live interactive gaming. **3.00** The Jeremy Kyle Show USA. Guests air their differences. (R) **3.40** ITV Nightscreen

Channel 4

6.40 3rd Rock from the Sun (R) **7.05** 3rd Rock from the Sun (R) **7.30** The King of Queens (R) **7.55** Everybody Loves Raymond (R) **8.25** Everybody Loves Raymond (R) **8.55** Frasier (R) **9.25** Frasier (R) **9.55** Undercover Boss USA **10.55** Come Dine with Me: Ireland. The first dinner party of the week in Co Limerick. (R) **11.25** Come Dine with Me: Ireland (R) **11.55** Channel 4 News Summary **12.00** Come Dine with Me: Ireland (R) **12.30** Come Dine with Me: Ireland (R) **1.00** Come Dine with Me: Ireland (R) **1.30** Channel 4 Racing **3.30** Deal or No Deal. Gameshow. **4.30** Ultimate Dealer. The week's two most profitable competitors compete. **5.00-6.00** Couples Come Dine with Me. Three pairs of partners compete in Lancashire.

6.00 The Simpsons

Blood-curdling tales from America's favourite family. (R)

6.30 Hollyoaks

Patrick tries to make amends with Sienna.

7.00 Channel 4 News

The latest headlines from around the world. With weather.

8.00 The Million Pound Drop

Davina McCall returns with the 13th series of the quiz, featuring themed editions and celebrity contestants. Tonight, Stephen and Chris from Gogglebox play for charity.

9.00 8 Out of 10 Cats Does Countdown

Jimmy Carr hosts the quiz, with captains Sean Lock and Jon Richardson joined by Bill Bailey and Josh Widdicombe. Jake Yapp is in Dictionary Corner. Last in the series.

10.00 Friday Night Dinner

Dad paints a portrait of Mum that resembles Margaret Thatcher.

10.35 The Inbetweeners

Simon joins his girlfriend Tara on a visit to see her sister at university. With Joe Thomas. (R)

11.10 The Inbetweeners

Will is left home alone when his mother goes away. (R)

11.40 The Inbetweeners

Will organises a camping trip. (R)

12.15 Random Acts: Big Dance 2014 **12.20 FILM: Goon** (2011) **1.55** The Simpsons (R) **2.20** The Angelos Epithemious Show (R) **2.45** I'm Spazticus (R) **3.15** Desperate Housewives (R)

Channel 5

6.00 Milkshake! **9.15** The Wright Stuff **11.10** Cowboy Builders. Dominic Littlewood and Melinda Messenger help a Nottingham couple. (R) **12.10** 5 News Lunchtime **12.15** Big Brother. The housemates discover if they have passed the shopping task. (R) **1.15** Home and Away **1.45** Neighbours **2.15** NCIS. A marine connected to the disappearance of a weapons cache is murdered. (R) **3.15 FILM: Betrayed** (2014) Premiere. A woman in the midst of a divorce takes a holiday with her lover, but needs her husband's help when he is kidnapped. Thriller, with Amanda Schull. Edited for language and violence. **5.00** 5 News at 5 **5.30-6.00** Neighbours. Naomi steals Georgia's engagement ring. (R)

6.00 Home and Away

Marilyn helps John search for his lost wedding ring. (R)

6.30 5 News Tonight

A round-up of the evening's headlines, with by Matt Barbet.

7.00 Cricket on 5

England v India. Highlights of the third day of the first Test of the five-match series from Trent Bridge. With commentary by Geoffrey Boycott, Michael Vaughan and Simon Hughes.

8.00 On the Yorkshire Buses

New series. Documentary following the staff of bus and coach company East Yorkshire Motor Services as they transport passengers in Hull and North Yorkshire.

9.00 Big Brother: Live Eviction

The housemates gather on the sofas once more as Emma Willis hosts the latest eviction, revealing which of this week's nominees the public have voted out, then chatting to them about their time on the show, who they think voted for them and why they feel it was their time to go.

10.30 Big Brother's Bit on the Side

Rylan Clark and his guests discuss tonight's eviction, debating whether the public made the right decision and chatting to the evictee.

PICK 11.30 Stand by Your Man

Four more men try to win a date. *See Ones To Watch*

12.10 SuperCasino **3.10** She's 78, He's 39: Age Gap Love (R) **4.00** Wildlife SOS. The work of volunteers treating sick, injured and orphaned animals at a wildlife sanctuary. (R) **4.20** HouseBusters (R) **4.45** House Doctor (R) **5.10** House Doctor (R) **5.35-6.00** Great Artists (R)

REGIONAL VARIATIONS:

WALES 8.00 Coast & Country **STV 8.00** Animal 999 **10.30** STV News, Weather **12.35** The Nightshift **5.00** ITV Nightscreen **UTV 7.59** UTV Live Update **8.00** Lesser Spotted Ulster **8.59** UTV Live Update **10.35** The Cruise Ship **11.05 FILM: Senna** (2010) **1.00** Teleshopping **2.30** ITV Nightscreen **BBC1 SCOTLAND 10.35** I Belong to Glasgow **11.05** Alan Hansen: Player and Pundit **12.05** EastEnders **2.05** BBC News **BBC1 WALES 7.30** Weatherman Walking **BBC2 N IRELAND 11.05** Mock the Week **11.35** QI **12.05** BBC News **RTE1 7.25** Shopping from Home **8.00** Mystery Diagnosis **8.55** My Kitchen Rules **9.55** The Doctors **10.50** Dr Phil **11.45** Shortland Street **12.15** Doctors **12.45** Telly Bingo **1.00** News **1.30** Home and Away **2.00** Neighbours **2.25** EastEnders **3.00** Fair City **3.30** MasterChef: The Professionals **4.40** Super Garden **5.10** The Zoo **5.40** Nuacht **6.00** The Angelus **6.01** News **7.00** Nationwide **7.30** Transatlantic Sessions **8.00** EastEnders **8.30** Tracks and Trails **9.00** News **9.35** Callan Kicks **10.05 FILM: Up in the Air** (2009) Comedy drama, starring George Clooney. **12.10 FILM: My Last Five Girlfriends** (2009) **1.45** In Plain Sight **2.40** Telly Bingo **2.50** Shortland Street **3.15** Nationwide **3.40** Dr Phil **4.25** Doctors **4.55** EuroNews **5.30** Teleshopping **5.40** Diwedd **7.00** Cyw **11.55** Newyddion S4C a'r Tywydd **12.00** Llangollen 2014 **2.20** Newyddion S4C a'r Tywydd **2.25** Seiclo **4.25** Stwnsh **5.40** Rownd a Rownd **6.00** Ffeil **6.05** Rownd a Rownd **6.30** Newyddion S4C a'r Tywydd **6.35** Pobol y Cwm **7.00** Heno **8.00** Pobol y Cwm **8.25** Llangollen 2014 **9.00** Newyddion 9 a'r Tywydd **9.30** Llangollen 2014 **10.00** Seiclo **10.30** Cyngerdd Dathlu'r 10: Ysgol Theatr Maldwyn **12.05** Diwedd

OVER ON DIGITAL

5★ **6.00** Teleshopping **1.00** Gilmore Girls **2.00** Big Brother **3.00** Neighbours **3.25** Home and Away **4.00** Cowboy Builders **5.00** Police Interceptors **5.55** **5★** Access **6.00** Neighbours **6.30** Home and Away **7.00** Police Interceptors **9.00** **FILM:** Elektra (2005) A martial arts expert returns from the dead and becomes an infamous assassin. Comic-book adventure, starring Jennifer Garner, Goran Visnjic, Kirsten Prout and Terence Stamp. **11.00** World's Craziest Police Pursuits **12.00** Teleshopping. Home shopping.

SUSA **6.00** Teleshopping **12.00** Access **12.10** My Name Is Earl **12.40** **FILM:** The Kid from Texas (1950) Western, with Audie Murphy. **2.25** **FILM:** Apache Drums (1951) Western, with Stephen McNally. **4.00** NCIS **5.00** Diagnosis Murder **6.00** Law & Order **6.55** Access **7.00** NCIS **9.00** Law & Order. An investigation into a hit-and-run leads to a property scam, but the team's undercover work takes a surprising twist that pits McCoy against the US Attorney's office. **10.00** CSI: NY **11.00** Betrayal **12.00** CSI: Miami

ITV2 **Including at 9.35** The Real Housewives of New Jersey **10.30** The Real Housewives of Atlanta **11.30** Big Rich Texas **12.30** Emmerdale **1.30** Coronation Street **2.00** Jeremy Kyle **4.10** The Real Housewives of Atlanta **5.05** Big Rich Texas **6.00** Dinner Date **7.00** You've Been Framed! **8.00** Best of You've Been Framed! **9.00** **FILM:** Happy Gilmore (1996) Golfing comedy, starring Adam Sandler. **10.50** Celebrity Juice **11.40** Two and a Half Men **12.35** Dads **1.00** TV OD **1.25** 100% You've Been Framed! **2.15** Teleshopping

SKY1 **6.00** Glee **7.00** Futurama **9.00** NCIS: Los Angeles **11.00** Hawaii Five-0 **1.00** NCIS: Los Angeles **3.00** Glee **4.00** Futurama **5.00** The Simpsons **5.30** Futurama **6.30** The Simpsons **8.00** Modern Family **9.00** An Idiot Abroad 2. Karl Pilkington boards the Trans-Siberian Express to China. **10.00** A League of Their Own. With guests Jessica Ennis-Hill, Micky Flanagan and Jimmy Carr. **11.00** Hawaii Five-0 **12.00** NCIS: Los Angeles **1.00** Hawaii Five-0 **3.00** Road Wars **4.00** Stargate Atlantis **5.00** About a Boy **5.30** Airline USA

SKY ATLANTIC **6.00** Stargate SG-1 **7.00** thirtysomething **8.00** Star Trek: Enterprise **9.00** Without a Trace **10.00** Blue Bloods **11.00** Stargate SG-1 **12.00** Without a Trace **1.00** House **3.00** Star Trek: Enterprise **4.00** Without a Trace **5.00** Blue Bloods **6.00** House **8.00** David Attenborough's Kingdom of Plants **9.00** The Following **10.00** The Wire **11.40** Witness **12.55** Set List: Stand-Up Without a Net **1.25** The Mind of the Married Man **2.00** Curb Your Enthusiasm **2.35** The Sopranos **3.50** Blue Bloods: Meet the Characters

BBC THREE **7.00** Don't Tell the Bride. A 25-year-old groom with two jobs hopes his efforts to organise a Willy Wonka-themed wedding will please his 24-year-old bride-to-be. **8.00** Ellie Goulding & Haim @ T. Performances by the singer-songwriter and the American pop-rock band. **9.00** Ed Sheeran & Imagine Dragons @ T. Performances by the singer-songwriter and the American alternative rock band. **10.00** Biffy Clyro Live @ T **12.00** Family Guy **1.30** Russell Howard's Good News **2.00** Badults **2.30** Pramface

SKY LIVING **6.00** Motorway Patrol **7.00** Nothing to Declare **8.00** RSPCA Animal Rescue **9.00** Emergency Abroad **10.00** Nothing to Declare **11.00** My Kitchen Rules: Australia **12.00** CSI: Crime Scene Investigation **1.00** Criminal Minds **3.00** CSI: Crime Scene Investigation **5.00** RSPCA Animal Rescue **6.00** Nothing to Declare **7.00** My Kitchen Rules: Australia **8.00** Nine Months Later. *See Ones To Watch.* **9.00** Elementary **10.00** CSI: Miami **11.00** Bones **12.00** Chicago Fire **1.00** CSI: Miami **1.50** Bones **2.40** CSI: Crime Scene Investigation

MTV **6.00** Cribs **6.20** Teen Cribs **7.10** My Super Sweet 16 **8.00** 16 & Pregnant: Adoption Special **9.00** Teen Mom: Farewell Special **10.30** My Super Sweet World Class **11.00** Catfish: The TV Show **12.00** Teen Mom 2 **1.00** Ex on the Beach **1.30** Teen Mom: Farewell Special **3.00** Catfish: The TV Show **4.00** Sleeping with the Family **6.00** Catfish: The TV Show **7.00** Teen Mom 3 **8.00** Teen Mom 2 **9.00** Geordie Shore **10.00** MTV Hoods **11.00** Catfish: The TV Show **12.00** The Valleys **1.00** Ridiculousness **2.00** Geordie Shore: Magaluf Madness

FILM4 **11.00** A Lawless Street (1955) Western. **12.35** Only the Valiant (1951) Western. **2.45** The Badlanders (1958) Western, starring Ernest Borgnine. **4.25** Toral! Toral! Toral! (1970) Fact-based World War Two drama, starring Martin Balsam. **7.10** Zoolander (2001) Comedy, starring Ben Stiller. **9.00** Unstoppable (2010) Tony Scott's action thriller, starring Denzel Washington. **10.55** The Raid (2011) Premiere. Action thriller, starring Iko Uwais. **12.50** The Cook, the Thief, His Wife and Her Lover (1989) Drama.

televisionX **SKY 903** **10.00** Freeview **10.10** Carmen in Budapest **1.10.35** Tanya Tate's Sex Tour of Ireland **1.11.00** Freeview **11.10** Lolly's Dollies **3** **11.30** Life in Bras **11.50** Freeview **12.00** Life in Bras **12.05** Blonde Ambitions **1** **12.25** Freddie's Tattooed Teasers **1** **12.50** Truelove's True Confessions **1.00** Freeview **1.10** Truelove's True Confessions **1.25** School For Sex **1** **1.55** Couch Confessions **11** **2.00** Freeview **2.10** Couch Confessions **11** **2.15** Lolly's Dollies **2** **2.40** Michelle B Fans' Fantasies **4** **3.05** Couch Confessions **14**

ONES TO WATCH...

FRIDAY
11 JULY



Alan Hansen: Player and Pundit

10.35pm, BBC1

For more than 20 years, Alan Hansen has been a key figure for footy fans with his expert analysis on the BBC. But after this year's World Cup, he's retiring from being the man on the box. In this one-off special, Gary Lineker hosts a tribute to Alan and looks back at his career as a footballer and a pundit. Tonight, Alan recalls his days playing for both Liverpool and Scotland. Sadly, Alan was the club captain of Liverpool during the 1989 Hillsborough tragedy and he describes the huge emotional impact that day has had on his life, his colleagues and the club. ★★★★★



NEW SERIES

Nine Months Later

8pm, Sky LIVING

If you're a fan of Channel 4's *One Born Every Minute*, then you'll also enjoy this insight into the world of first-time parents. Over the next six weeks, documentary cameras follow five couples as they cope with odd cravings, swollen ankles and plenty of nerves, until they finally hear the pitter-patter of tiny feet they've been waiting so long for. ★★★★★



Pipers of the Trenches

9.30pm, BBC2

The often-overlooked role of Scotland's pipers – the brave folk who played bagpipes as Scottish forces attacked in war – is revealed tonight in this documentary. Relatives of the World War One pipers visit the Somme and Gallipoli, the battlefields where their unarmed ancestors piped their comrades over the top and into battle. ★★★★★



Stand by Your Man

11.30pm, Channel 5

This week, the boys show off their vital statistics before they get to meet the girls who can't wait to clap their eyes on their toned torsos. But the final round is the best – the lads take to the floor to show off their party pieces, including gymnastics and pec dancing. Steer clear if you have sensitive cringe glands. ★★★★★

Top five on **CHANNEL 5**

- 1. BIG BROTHER: LIVE EVICTION 9PM**
- 2. ON THE YORKSHIRE BUSES 8PM**
- 3. BIG BROTHER'S BIT ON THE SIDE 10.30PM**
- 4. CRICKET ON 5 7PM**
- 5. NEIGHBOURS 1.45PM & 5.30PM**

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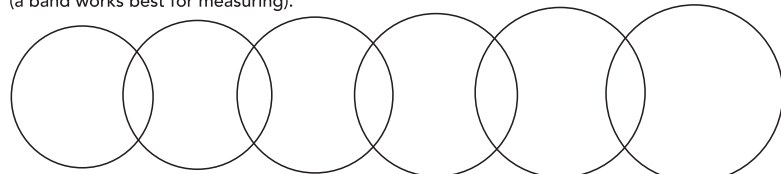
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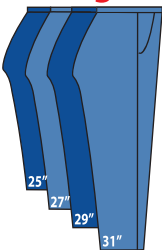
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STAR BIRTHDAY

Tom Hanks 9 July 1956

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ARIES

MAR 21 – APR 20

This week brings opportunities to put finances on a firmer footing while at work you make your mark. But first, get home and house organised and the spare room ready – visitors are on their way! Call my Starline to hear about that sexy encounter.

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CANCER

JUNE 23 – JULY 23

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LIBRA

SEP 24 – OCT 23

The powerful emphasis on career continues, firmly establishing you as a leading light. An offer you can't refuse, and that could boost your earning power, is heading your way. Romance blossoms on a trip. Call my Starline to hear when it pays to take the initiative.

0907 181 2963 (07)*



CAPRICORN

DEC 22 – JAN 20

If a close relationship has been strained, midweek puts things right. Work and health progress brilliantly and you're feeling good about yourself. It's a personal turning point this week. Call my Starline to hear about your special day of luck, love and travel.

0907 181 2963 (10)*



TAURUS

APR 21 – MAY 21

Life shifts up a gear as the week progresses. Money? A brainwave with cash written all over it strikes like a bolt of lightning on Monday. Good things come your way, so spread your wings this week and fly. Call my Starline to hear when to pull out all the stops.

0907 181 2963 (02)*



LEO

JULY 24 – AUG 23

Teamwork is your quickest route to success. Ask for a favour or advice on Monday for a fast response. Trim your sails on Tuesday, home is best on Wednesday but then pace yourself: rest, relax and recoup. Call my Starline to hear when to pull those strings.

0907 181 2963 (05)*



SCORPIO

OCT 24 – NOV 22

You've a chance to put your knowledge and skills to good use. You'll have little difficulty Monday and Wednesday in raising cash or drawing rewards your way. A chapter closes this week. Call my Starline to hear more about your best moneymaking idea.

0907 181 2963 (08)*



AQUARIUS

JAN 21 – FEB 19

Whether single or attached, love is fun and light-hearted this week. Monday's encounter or hot date is thrilling. Work brings respect and acknowledgment. Follow your instinct to find an answer to your question. Call my Starline to hear when it's worth trying your luck.

0907 181 2963 (11)*



GEMINI

MAY 22 – JUNE 22

You're in hot pursuit of fun and adventure but on Tuesday friends cost you dear and if socialising, you'll be digging deep into your pocket. Rebalance on Wednesday and light dawns by the weekend. Call my Starline to hear when to go for that new creative start.

0907 181 2963 (03)*



VIRGO

AUG 24 – SEP 23

Push forward an ambition – pull out all the stops now and go for that dream job while the stars are on your side. A friendship grows stronger and something important is definitely happening. Call my Starline to hear when to set your sights just that little bit higher.

0907 181 2963 (06)*



SAGITTARIUS

NOV 23 – DEC 21

Yours is a fortunate sign, but this week you're doubly blessed with luck – in money and in love. You're at your most attractive now with Venus drawing admirers, contracts and some lucrative deals your way. Call my Starline to hear about your most romantic day.

0907 181 2963 (09)*



PISCES

FEB 20 – MAR 20

Much talk and activity revolves around money and home affairs but there's also satisfaction to be had by spending time on creative interests and romantic pleasures. Important news arrives from afar. Call my Starline to hear when to look for funding and favours.

0907 181 2963 (12)*

For Lori's Starlines select your zodiac number (in brackets under each star sign). Calls cost 77ppm from a BT landline plus network extras. Subscribe to daily texts for 50p plus standard network charges per message per day. To join, text **DSHOT** followed by the first three letters of your star sign (eg. **DSHOTGEM**) to **83088**. This will cost 50p plus standard network charge per message per day until you send **STOP** to 83088. This is a subscription service. **Helpline: 0333 202 3392**.

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MY DEAR SON, MAY GOD ALWAYS PROTECT YOU AND GIVE YOU STRENGTH



PROTECTION AND STRENGTH FOR MY SON BRACELET

✦ Hand-crafted in Braided
Genuine Leather and
Solid Stainless Steel

✦ Etched Diamond-
shaped Cross Set with a
Genuine Black Sapphire

A Distinctive Expression of Faith

Your son is the source of countless moments of joy and pride. And with the love of family and the guiding presence of faith, you know he will continue to grow strong. Now, your son can carry a powerful reminder that God is always there to protect and provide strength, with a distinctive new jewellery exclusive.

Genuine Leather, Solid Stainless Steel and Genuine Black Sapphire

A meaningful expression of faith and your love, the "Protection and Strength for My Son" Bracelet is superbly crafted in an original jewellery design. It features a handsome braided genuine leather bracelet. At the centre, a cylinder in durable solid stainless steel reveals a diamond-shaped cross set with a rare

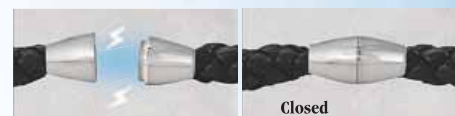
genuine black sapphire. The reverse side of the cylinder is finely engraved with the uplifting sentiment, "My Dear Son, May God always protect you and give you strength." Sized 8½" to fit most wrists, it has a unique stainless steel magnetic clasp, making the bracelet easy to put on or take off.

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Finely engraved on the reverse side
with: My Dear Son,
May God always protect you and
give you strength.



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